US HARBORS www.USHarbors.com

York, ME - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:32**	9.5	**9:10**	8.8	**2:28**	0.4	**3:10**	-0.4	6:17	5:31	
2	Sat	**9:26**	9.7	**9:59**	9.1	**3:24**	0.1	**4:00**	-0.5	6:16	5:32	
3	Sun	**10:15**	9.7	**10:43**	9.3	**4:15**	-0.2	**4:45**	-0.6	6:14	5:34	
4	Mon	**11:01**	9.7	**11:24**	9.4	**5:01**	-0.4	**5:26**	-0.5	6:12	5:35	
5	Tue	**11:43**	9.5			**5:44**	-0.4	**6:04**	-0.3	6:11	5:36	
6	Wed	**12:02**	9.4	**12:22**	9.2	**6:25**	-0.4	**6:40**	0.0	6:09	5:37	
7	Thu	**12:38**	9.3	**1:01**	8.8	**7:04**	-0.2	**7:16**	0.3	6:07	5:39	
8	Fri	**1:14**	9.1	**1:41**	8.4	**7:43**	0.1	**7:53**	0.7	6:06	5:40	
9	Sat	**1:52**	8.9	**2:24**	8.0	**8:24**	0.4	**8:33**	1.1	6:04	5:41	
10	Sun	**3:34**	8.6	**4:10**	7.6	**10:09**	0.7	**10:18**	1.4	7:02	6:42	
11	Mon	**4:20**	8.3	**5:02**	7.3	**10:59**	1.0	**11:07**	1.7	7:00	6:43	
12	Tue	**5:13**	8.1	**5:58**	7.1	**11:53**	1.3			6:59	6:45	
13	Wed	**6:09**	8.0	**6:58**	7.1	**12:02**	1.9	**12:51**	1.3	6:57	6:46	
14	Thu	**7:10**	8.1	**7:57**	7.3	**1:01**	1.8	**1:52**	1.2	6:55	6:47	
15	Fri	**8:09**	8.3	**8:50**	7.7	**2:02**	1.6	**2:47**	0.9	6:53	6:48	
16	Sat	**9:02**	8.7	**9:36**	8.3	**2:58**	1.2	**3:35**	0.4	6:52	6:49	
17	Sun	**9:50**	9.1	**10:19**	8.9	**3:48**	0.6	**4:19**	0.0	6:50	6:51	
18	Mon	**10:36**	9.6	**11:00**	9.5	**4:35**	-0.1	**5:01**	-0.5	6:48	6:52	
19	Tue	**11:22**	9.9	**11:42**	10.1	**5:21**	-0.6	**5:43**	-0.8	6:46	6:53	
20	Wed			**12:07**	10.0	**6:07**	-1.1	**6:26**	-1.0	6:45	6:54	
21	Thu	**12:25**	10.5	**12:54**	10.1	**6:54**	-1.4	**7:11**	-1.0	6:43	6:55	
22	Fri	**1:10**	10.7	**1:42**	9.9	**7:42**	-1.5	**7:58**	-0.8	6:41	6:57	
23	Sat	**1:57**	10.6	**2:34**	9.5	**8:32**	-1.4	**8:48**	-0.5	6:39	6:58	
24	Sun	**2:49**	10.4	**3:30**	9.1	**9:27**	-1.1	**9:43**	0.0	6:37	6:59	
25	Mon	**3:46**	10.0	**4:33**	8.7	**10:27**	-0.6	**10:44**	0.4	6:36	7:00	
26	Tue	**4:50**	9.6	**5:40**	8.4	**11:32**	-0.2	**11:51**	0.8	6:34	7:01	
27	Wed	**5:59**	9.2	**6:50**	8.2			**12:42**	0.1	6:32	7:02	
28	Thu	**7:10**	9.0	**7:58**	8.4	**1:02**	0.9	**1:52**	0.2	6:30	7:04	
29	Fri	**8:18**	9.0	**8:58**	8.6	**2:14**	0.8	**2:56**	0.2	6:29	7:05	
30	Sat	**9:19**	9.1	**9:51**	9.0	**3:18**	0.5	**3:51**	0.0	6:27	7:06	
31	Sun	**10:11**	9.2	**10:37**	9.2	**4:13**	0.2	**4:38**	0.0	6:25	7:07	