


































York, ME - Jan 2031

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:00 | 9.0 | 5:30 | 8.2 | 11:33 | 0.6 | 11:49 | 0.8 | 7:14 | 4:17 |  |
| 2 | Thu | 5:58 | 8.9 | 6:33 | 7.9 | | | 12:37 | 0.6 | 7:14 | 4:18 |  |
| 3 | Fri | 6:55 | 8.8 | 7:33 | 7.8 | 12:48 | 1.1 | 1:38 | 0.6 | 7:14 | 4:19 |  |
| 4 | Sat | 7:48 | 8.8 | 8:26 | 7.8 | 1:45 | 1.2 | 2:32 | 0.5 | 7:14 | 4:20 |  |
| 5 | Sun | 8:37 | 9.0 | 9:14 | 7.9 | 2:36 | 1.2 | 3:19 | 0.3 | 7:14 | 4:21 |  |
| 6 | Mon | 9:21 | 9.1 | 9:57 | 8.0 | 3:21 | 1.1 | 4:02 | 0.1 | 7:14 | 4:22 |  |
| 7 | Tue | 10:02 | 9.2 | 10:37 | 8.2 | 4:02 | 1.0 | 4:41 | 0.0 | 7:13 | 4:23 |  |
| 8 | Wed | 10:40 | 9.3 | 11:15 | 8.3 | 4:40 | 0.9 | 5:17 | -0.1 | 7:13 | 4:24 |  |
| 9 | Thu | 11:17 | 9.3 | 11:50 | 8.4 | 5:17 | 0.8 | 5:50 | -0.1 | 7:13 | 4:25 |  |
| 10 | Fri | 11:52 | 9.3 | | | 5:52 | 0.7 | 6:23 | -0.1 | 7:13 | 4:26 |  |
| 11 | Sat | 12:24 | 8.4 | 12:26 | 9.2 | 6:28 | 0.7 | 6:56 | -0.1 | 7:12 | 4:28 |  |
| 12 | Sun | 12:57 | 8.5 | 1:02 | 9.1 | 7:06 | 0.6 | 7:31 | -0.1 | 7:12 | 4:29 |  |
| 13 | Mon | 1:32 | 8.6 | 1:41 | 8.9 | 7:46 | 0.6 | 8:10 | 0.0 | 7:12 | 4:30 |  |
| 14 | Tue | 2:10 | 8.7 | 2:24 | 8.7 | 8:31 | 0.6 | 8:52 | 0.2 | 7:11 | 4:31 |  |
| 15 | Wed | 2:54 | 8.8 | 3:14 | 8.4 | 9:20 | 0.5 | 9:39 | 0.3 | 7:11 | 4:32 |  |
| 16 | Thu | 3:42 | 8.9 | 4:09 | 8.2 | 10:14 | 0.5 | 10:31 | 0.4 | 7:10 | 4:33 |  |
| 17 | Fri | 4:36 | 9.1 | 5:10 | 8.1 | 11:13 | 0.4 | 11:28 | 0.5 | 7:10 | 4:35 |  |
| 18 | Sat | 5:35 | 9.3 | 6:17 | 8.1 | | | 12:18 | 0.1 | 7:09 | 4:36 |  |
| 19 | Sun | 6:39 | 9.6 | 7:25 | 8.3 | 12:31 | 0.5 | 1:24 | -0.2 | 7:08 | 4:37 |  |
| 20 | Mon | 7:43 | 10.0 | 8:28 | 8.7 | 1:36 | 0.2 | 2:27 | -0.7 | 7:08 | 4:38 |  |
| 21 | Tue | 8:44 | 10.4 | 9:26 | 9.1 | 2:38 | -0.1 | 3:26 | -1.2 | 7:07 | 4:40 |  |
| 22 | Wed | 9:41 | 10.8 | 10:21 | 9.5 | 3:36 | -0.5 | 4:20 | -1.6 | 7:06 | 4:41 |  |
| 23 | Thu | 10:36 | 11.0 | 11:14 | 9.8 | 4:32 | -0.9 | 5:12 | -1.8 | 7:06 | 4:42 |  |
| 24 | Fri | 11:29 | 10.9 | | | 5:26 | -1.0 | 6:02 | -1.8 | 7:05 | 4:43 |  |
| 25 | Sat | 12:04 | 10.0 | 12:20 | 10.7 | 6:19 | -1.1 | 6:51 | -1.5 | 7:04 | 4:45 |  |
| 26 | Sun | 12:53 | 10.0 | 1:11 | 10.2 | 7:11 | -0.9 | 7:39 | -1.1 | 7:03 | 4:46 |  |
| 27 | Mon | 1:42 | 9.8 | 2:03 | 9.6 | 8:03 | -0.6 | 8:28 | -0.6 | 7:02 | 4:47 |  |
| 28 | Tue | 2:33 | 9.5 | 2:57 | 9.0 | 8:58 | -0.2 | 9:18 | 0.0 | 7:01 | 4:49 |  |
| 29 | Wed | 3:25 | 9.2 | 3:54 | 8.3 | 9:55 | 0.2 | 10:11 | 0.6 | 7:00 | 4:50 |  |
| 30 | Thu | 4:19 | 8.8 | 4:53 | 7.8 | 10:54 | 0.6 | 11:07 | 1.1 | 6:59 | 4:51 |  |
| 31 | Fri | 5:15 | 8.5 | 5:54 | 7.5 | 11:57 | 0.9 | | | 6:58 | 4:53 |  |