


































York, ME - Jan 2045

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:20 | 9.9 | 9:08 | 8.4 | 2:16 | 0.6 | 3:10 | -0.6 | 7:14 | 4:18 |  |
| 2 | Mon | 9:20 | 10.4 | 10:02 | 8.8 | 3:16 | 0.3 | 4:04 | -1.1 | 7:14 | 4:19 |  |
| 3 | Tue | 10:14 | 10.8 | 10:56 | 9.1 | 4:10 | -0.1 | 4:58 | -1.4 | 7:14 | 4:20 |  |
| 4 | Wed | 11:08 | 11.0 | 11:50 | 9.4 | 5:04 | -0.4 | 5:46 | -1.6 | 7:14 | 4:21 |  |
| 5 | Thu | | | 12:02 | 11.0 | 5:58 | -0.6 | 6:40 | -1.6 | 7:14 | 4:22 |  |
| 6 | Fri | 12:44 | 9.6 | 12:56 | 10.7 | 6:52 | -0.6 | 7:34 | -1.5 | 7:13 | 4:23 |  |
| 7 | Sat | 1:32 | 9.6 | 1:50 | 10.2 | 7:46 | -0.5 | 8:22 | -1.1 | 7:13 | 4:24 |  |
| 8 | Sun | 2:26 | 9.6 | 2:50 | 9.6 | 8:46 | -0.3 | 9:16 | -0.6 | 7:13 | 4:25 |  |
| 9 | Mon | 3:26 | 9.4 | 3:50 | 9.0 | 9:46 | 0.0 | 10:10 | 0.0 | 7:13 | 4:26 |  |
| 10 | Tue | 4:20 | 9.3 | 4:50 | 8.4 | 10:52 | 0.2 | 11:10 | 0.5 | 7:12 | 4:27 |  |
| 11 | Wed | 5:20 | 9.1 | 5:56 | 7.9 | 11:58 | 0.4 | | | 7:12 | 4:28 |  |
| 12 | Thu | 6:20 | 8.9 | 7:02 | 7.7 | 12:10 | 1.0 | 1:04 | 0.5 | 7:12 | 4:29 |  |
| 13 | Fri | 7:14 | 8.8 | 8:02 | 7.6 | 1:10 | 1.3 | 2:04 | 0.4 | 7:11 | 4:30 |  |
| 14 | Sat | 8:14 | 8.9 | 8:56 | 7.7 | 2:10 | 1.4 | 2:58 | 0.3 | 7:11 | 4:32 |  |
| 15 | Sun | 9:02 | 8.9 | 9:44 | 7.8 | 2:58 | 1.3 | 3:46 | 0.2 | 7:10 | 4:33 |  |
| 16 | Mon | 9:44 | 9.0 | 10:26 | 7.9 | 3:46 | 1.2 | 4:28 | 0.1 | 7:10 | 4:34 |  |
| 17 | Tue | 10:26 | 9.1 | 11:02 | 8.0 | 4:28 | 1.1 | 5:10 | 0.1 | 7:09 | 4:35 |  |
| 18 | Wed | 11:02 | 9.2 | 11:38 | 8.1 | 5:04 | 1.0 | 5:40 | 0.0 | 7:09 | 4:37 |  |
| 19 | Thu | 11:38 | 9.2 | | | 5:40 | 0.9 | 6:16 | 0.0 | 7:08 | 4:38 |  |
| 20 | Fri | 12:14 | 8.2 | 12:14 | 9.1 | 6:16 | 0.9 | 6:46 | 0.1 | 7:07 | 4:39 |  |
| 21 | Sat | 12:44 | 8.2 | 12:50 | 8.9 | 6:52 | 0.8 | 7:16 | 0.2 | 7:07 | 4:40 |  |
| 22 | Sun | 1:20 | 8.3 | 1:26 | 8.7 | 7:28 | 0.8 | 7:52 | 0.3 | 7:06 | 4:42 |  |
| 23 | Mon | 1:50 | 8.4 | 2:02 | 8.4 | 8:10 | 0.8 | 8:28 | 0.5 | 7:05 | 4:43 |  |
| 24 | Tue | 2:32 | 8.5 | 2:50 | 8.1 | 8:52 | 0.8 | 9:10 | 0.7 | 7:04 | 4:44 |  |
| 25 | Wed | 3:14 | 8.5 | 3:38 | 7.8 | 9:40 | 0.8 | 9:58 | 0.9 | 7:03 | 4:45 |  |
| 26 | Thu | 4:02 | 8.6 | 4:32 | 7.6 | 10:40 | 0.8 | 10:46 | 1.1 | 7:02 | 4:47 |  |
| 27 | Fri | 4:50 | 8.7 | 5:32 | 7.4 | 11:40 | 0.7 | 11:46 | 1.1 | 7:02 | 4:48 |  |
| 28 | Sat | 5:56 | 8.9 | 6:44 | 7.5 | | | 12:46 | 0.4 | 7:01 | 4:49 |  |
| 29 | Sun | 7:02 | 9.3 | 7:50 | 7.8 | 12:52 | 1.0 | 1:52 | 0.0 | 7:00 | 4:51 |  |
| 30 | Mon | 8:02 | 9.8 | 8:50 | 8.3 | 1:58 | 0.7 | 2:52 | -0.5 | 6:59 | 4:52 |  |
| 31 | Tue | 9:02 | 10.3 | 9:50 | 8.8 | 2:58 | 0.2 | 3:46 | -1.0 | 6:58 | 4:53 |  |