

































York, ME - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:25	8.9	5:05	7.9	11:03	0.5	11:19	1.1	6:17	5:31	
2	Mon	5:25	8.5	6:09	7.7			12:07	0.7	6:15	5:33	
3	Tue	6:26	8.4	7:11	7.6	12:22	1.4	1:11	0.8	6:14	5:34	
4	Wed	7:26	8.4	8:06	7.7	1:25	1.4	2:09	0.7	6:12	5:35	
5	Thu	8:19	8.5	8:55	8.0	2:21	1.3	2:59	0.5	6:10	5:36	
6	Fri	9:06	8.8	9:37	8.2	3:08	1.0	3:42	0.3	6:09	5:38	
7	Sat	9:48	9.0	10:16	8.5	3:50	0.8	4:19	0.2	6:07	5:39	
8	Sun	11:27	9.1	11:52	8.7	5:29	0.5	5:54	0.0	7:05	6:40	
9	Mon			12:03	9.2	6:04	0.3	6:26	0.0	7:04	6:41	
10	Tue	12:26	8.9	12:38	9.2	6:39	0.1	6:58	-0.1	7:02	6:42	
11	Wed	12:57	9.0	1:12	9.1	7:14	0.0	7:31	0.0	7:00	6:44	
12	Thu	1:29	9.1	1:48	9.0	7:50	-0.1	8:06	0.0	6:58	6:45	
13	Fri	2:03	9.2	2:26	8.9	8:29	-0.1	8:44	0.2	6:57	6:46	
14	Sat	2:41	9.2	3:09	8.6	9:12	-0.1	9:27	0.3	6:55	6:47	
15	Sun	3:24	9.2	3:58	8.4	10:00	0.0	10:16	0.5	6:53	6:48	
16	Mon	4:15	9.2	4:55	8.2	10:55	0.1	11:11	0.7	6:51	6:50	
17	Tue	5:13	9.1	5:57	8.1	11:55	0.2			6:50	6:51	
18	Wed	6:17	9.1	7:06	8.2	12:13	0.8	1:00	0.1	6:48	6:52	
19	Thu	7:26	9.3	8:14	8.6	1:20	0.6	2:08	-0.1	6:46	6:53	
20	Fri	8:34	9.7	9:16	9.1	2:28	0.3	3:12	-0.5	6:44	6:54	
21	Sat	9:36	10.1	10:12	9.6	3:32	-0.2	4:10	-1.0	6:42	6:56	
22	Sun	10:33	10.4	11:04	10.1	4:30	-0.8	5:02	-1.3	6:41	6:57	
23	Mon	11:27	10.6	11:53	10.4	5:24	-1.2	5:52	-1.4	6:39	6:58	
24	Tue			12:18	10.6	6:16	-1.4	6:41	-1.3	6:37	6:59	
25	Wed	12:41	10.6	1:08	10.3	7:06	-1.5	7:27	-1.1	6:35	7:00	
26	Thu	1:27	10.5	1:57	9.9	7:55	-1.3	8:13	-0.6	6:34	7:02	
27	Fri	2:13	10.2	2:46	9.4	8:44	-0.9	9:01	-0.1	6:32	7:03	
28	Sat	3:01	9.7	3:38	8.8	9:35	-0.4	9:50	0.5	6:30	7:04	
29	Sun	3:51	9.2	4:33	8.3	10:28	0.1	10:44	1.1	6:28	7:05	
30	Mon	4:46	8.7	5:31	7.9	11:25	0.6	11:41	1.5	6:26	7:06	
31	Tue	5:43	8.4	6:30	7.7			12:25	0.9	6:25	7:07	