US HARBORS www.USHarbors.com

Betterton, MD - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:51	1.2	7:13	2.3	1:23	0.3	12:20	0.1	7:24	4:51	
2	Mon	7:49	1.2	8:07	2.4	2:19	0.3	1:16	0.1	7:24	4:52	
3	Tue	8:43	1.3	9:00	2.4	3:09	0.2	2:13	0.1	7:24	4:53	
4	Wed	9:36	1.4	9:50	2.4	3:56	0.2	3:11	0.1	7:24	4:54	
5	Thu	10:28	1.5	10:40	2.3	4:41	0.1	4:09	0.1	7:24	4:55	
6	Fri	11:21	1.6	11:30	2.1	5:23	0.1	5:08	0.2	7:24	4:56	
7	Sat			12:16	1.7	6:06	0.1	6:09	0.2	7:24	4:57	
8	Sun	12:23	2.0	1:12	1.8	6:50	0.1	7:12	0.3	7:24	4:58	
9	Mon	1:19	1.8	2:08	1.9	7:35	0.1	8:19	0.4	7:23	4:59	
10	Tue	2:18	1.6	3:04	2.0	8:23	0.2	9:32	0.4	7:23	5:00	
11	Wed	3:18	1.5	4:00	2.0	9:12	0.2	10:47	0.4	7:23	5:01	
12	Thu	4:20	1.4	4:56	2.1	10:03	0.3	11:57	0.4	7:23	5:02	
13	Fri	5:21	1.3	5:51	2.1	10:54	0.3			7:22	5:03	
14	Sat	6:20	1.2	6:44	2.2	1:00	0.3	11:45 AM	0.3	7:22	5:04	
15	Sun	7:16	1.2	7:33	2.2	1:55	0.3	12:34	0.3	7:22	5:05	
16	Mon	8:07	1.2	8:16	2.2	2:42	0.3	1:23	0.3	7:21	5:06	
17	Tue	8:53	1.3	8:55	2.2	3:22	0.3	2:10	0.3	7:21	5:07	
18	Wed	9:35	1.3	9:29	2.1	3:56	0.2	2:55	0.3	7:20	5:08	
19	Thu	10:15	1.4	10:02	2.1	4:25	0.2	3:39	0.4	7:20	5:09	
20	Fri	10:52	1.5	10:35	2.0	4:52	0.2	4:22	0.4	7:19	5:11	
21	Sat	11:28	1.6	11:10	1.9	5:19	0.1	5:04	0.4	7:19	5:12	
22	Sun			12:04	1.6	5:47	0.1	5:47	0.5	7:18	5:13	
23	Mon			12:40	1.7	6:17	0.1	6:33	0.5	7:17	5:14	
24	Tue	12:31	1.7	1:19	1.8	6:51	0.1	7:24	0.5	7:17	5:15	
25	Wed	1:18	1.6	2:02	1.9	7:28	0.1	8:22	0.5	7:16	5:16	
26	Thu	2:10	1.5	2:51	2.0	8:10	0.2	9:28	0.5	7:15	5:18	
27	Fri	3:06	1.4	3:46	2.1	8:58	0.2	10:40	0.5	7:14	5:19	
28	Sat	4:07	1.3	4:45	2.1	9:53	0.2	11:52	0.5	7:14	5:20	
29	Sun	5:12	1.2	5:49	2.2	10:55	0.2			7:13	5:21	
30	Mon	6:21	1.2	6:52	2.2	12:57	0.4	11:59 AM	0.1	7:12	5:22	
31	Tue	7:27	1.3	7:52	2.3	1:54	0.4	1:04	0.1	7:11	5:23	