



Cambridge, MD - Jul 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|-----|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 5:40 | 2.2 | 5:52 | 1.6 | | | 12:40 | 0.5 | 5:43 | 8:32 | ☉ |
| 2 | Thu | 6:15 | 2.2 | 6:32 | 1.7 | | | 1:14 | 0.5 | 5:44 | 8:32 | ☉ |
| 3 | Fri | 6:50 | 2.2 | 7:12 | 1.7 | 12:40 | 0.4 | 1:47 | 0.5 | 5:44 | 8:32 | ☉ |
| 4 | Sat | 7:26 | 2.2 | 7:56 | 1.8 | 1:24 | 0.4 | 2:21 | 0.4 | 5:45 | 8:32 | ☾ |
| 5 | Sun | 8:04 | 2.1 | 8:43 | 1.9 | 2:11 | 0.5 | 2:57 | 0.3 | 5:45 | 8:32 | ☾ |
| 6 | Mon | 8:46 | 2.0 | 9:33 | 1.9 | 3:03 | 0.6 | 3:34 | 0.3 | 5:46 | 8:31 | ☾ |
| 7 | Tue | 9:31 | 2.0 | 10:29 | 2.0 | 3:59 | 0.7 | 4:15 | 0.2 | 5:47 | 8:31 | ☾ |
| 8 | Wed | 10:23 | 1.9 | 11:28 | 2.1 | 5:00 | 0.7 | 5:00 | 0.2 | 5:47 | 8:31 | ☾ |
| 9 | Thu | 11:21 | 1.8 | | | 6:09 | 0.8 | 5:50 | 0.1 | 5:48 | 8:30 | ☾ |
| 10 | Fri | 12:29 | 2.2 | 12:24 | 1.7 | 7:23 | 0.8 | 6:46 | 0.1 | 5:48 | 8:30 | ☾ |
| 11 | Sat | 1:30 | 2.3 | 1:28 | 1.7 | 8:35 | 0.7 | 7:48 | 0.1 | 5:49 | 8:30 | ☾ |
| 12 | Sun | 2:29 | 2.4 | 2:29 | 1.7 | 9:40 | 0.7 | 8:52 | 0.1 | 5:50 | 8:29 | ☾ |
| 13 | Mon | 3:26 | 2.4 | 3:29 | 1.8 | 10:38 | 0.6 | 9:55 | 0.1 | 5:50 | 8:29 | ☾ |
| 14 | Tue | 4:21 | 2.4 | 4:27 | 1.8 | 11:30 | 0.5 | 10:56 | 0.1 | 5:51 | 8:28 | ☾ |
| 15 | Wed | 5:14 | 2.4 | 5:25 | 1.9 | | | 12:19 | 0.4 | 5:52 | 8:28 | ☾ |
| 16 | Thu | 6:05 | 2.4 | 6:23 | 1.9 | | | 1:06 | 0.4 | 5:53 | 8:27 | ☾ |
| 17 | Fri | 6:54 | 2.3 | 7:22 | 2.0 | 12:54 | 0.2 | 1:52 | 0.3 | 5:53 | 8:27 | ☾ |
| 18 | Sat | 7:42 | 2.2 | 8:20 | 2.0 | 1:53 | 0.4 | 2:38 | 0.3 | 5:54 | 8:26 | ☾ |
| 19 | Sun | 8:29 | 2.0 | 9:18 | 2.0 | 2:52 | 0.5 | 3:22 | 0.3 | 5:55 | 8:25 | ☾ |
| 20 | Mon | 9:17 | 1.9 | 10:18 | 2.0 | 3:51 | 0.6 | 4:07 | 0.3 | 5:56 | 8:25 | ☾ |
| 21 | Tue | 10:09 | 1.8 | 11:17 | 2.1 | 4:51 | 0.7 | 4:51 | 0.3 | 5:57 | 8:24 | ☾ |
| 22 | Wed | 11:04 | 1.7 | | | 5:51 | 0.8 | 5:37 | 0.3 | 5:57 | 8:23 | ☾ |
| 23 | Thu | 12:15 | 2.1 | 12:03 | 1.7 | 6:52 | 0.8 | 6:24 | 0.3 | 5:58 | 8:22 | ☾ |
| 24 | Fri | 1:08 | 2.1 | 1:00 | 1.6 | 7:53 | 0.8 | 7:14 | 0.4 | 5:59 | 8:22 | ☾ |
| 25 | Sat | 1:58 | 2.1 | 1:53 | 1.6 | 8:49 | 0.8 | 8:03 | 0.4 | 6:00 | 8:21 | ☉ |
| 26 | Sun | 2:43 | 2.2 | 2:41 | 1.7 | 9:39 | 0.8 | 8:51 | 0.4 | 6:01 | 8:20 | ☉ |
| 27 | Mon | 3:25 | 2.2 | 3:26 | 1.7 | 10:21 | 0.7 | 9:36 | 0.3 | 6:01 | 8:19 | ☉ |
| 28 | Tue | 4:04 | 2.3 | 4:07 | 1.7 | 10:59 | 0.7 | 10:18 | 0.3 | 6:02 | 8:18 | ☉ |
| 29 | Wed | 4:40 | 2.3 | 4:46 | 1.7 | 11:34 | 0.6 | 10:59 | 0.4 | 6:03 | 8:17 | ☉ |
| 30 | Thu | 5:14 | 2.3 | 5:25 | 1.8 | | | 12:06 | 0.6 | 6:04 | 8:16 | ☉ |
| 31 | Fri | 5:47 | 2.3 | 6:04 | 1.9 | | | 12:37 | 0.5 | 6:05 | 8:15 | ☉ |