US HARBORS www.USHarbors.com

Sinepuxent, MD - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:44	0.2	3:22	0.4	8:26	-0.1	9:51	-0.1	7:17	4:51	
2	Fri	3:38	0.2	3:49	0.3	9:25	-0.1	10:18	-0.1	7:17	4:52	
3	Sat	4:33	0.3	4:20	0.3	10:17	0.0	10:54	-0.1	7:17	4:53	
4	Sun	5:53	0.3	5:03	0.3	11:16	0.0	11:41	-0.2	7:17	4:54	
5	Mon	7:09	0.3	6:10	0.2			12:54	0.0	7:17	4:55	
6	Tue	8:04	0.4	7:22	0.2	12:41	-0.2	2:24	0.0	7:17	4:55	
7	Wed	8:57	0.4	8:12	0.2	1:40	-0.2	3:46	0.0	7:17	4:56	
8	Thu	9:56	0.4	9:06	0.2	2:36	-0.3	4:53	0.0	7:17	4:57	
9	Fri	10:57	0.5	10:21	0.2	3:40	-0.3	5:41	0.0	7:17	4:58	
10	Sat	11:49	0.5	11:28	0.2	4:47	-0.3	6:24	-0.1	7:17	4:59	
11	Sun			12:36	0.5	5:39	-0.3	7:09	-0.1	7:16	5:00	
12	Mon	12:22	0.2	1:22	0.5	6:26	-0.3	8:02	-0.1	7:16	5:01	
13	Tue	1:18	0.2	2:10	0.4	7:17	-0.2	8:56	-0.1	7:16	5:02	
14	Wed	2:19	0.3	2:56	0.4	8:27	-0.2	9:41	-0.2	7:16	5:03	
15	Thu	3:18	0.3	3:38	0.3	9:34	-0.2	10:20	-0.2	7:15	5:04	
16	Fri	4:12	0.3	4:18	0.3	10:29	-0.1	10:59	-0.2	7:15	5:05	
17	Sat	5:11	0.3	5:00	0.2	11:34	-0.1	11:46	-0.2	7:15	5:06	
18	Sun	6:21	0.3	5:56	0.2			12:55	0.0	7:14	5:08	
19	Mon	7:23	0.3	6:59	0.2	12:45	-0.2	2:00	0.0	7:14	5:09	
20	Tue	8:13	0.3	7:47	0.2	1:39	-0.2	2:58	0.0	7:13	5:10	
21	Wed	9:01	0.3	8:29	0.1	2:25	-0.2	4:00	0.0	7:13	5:11	
22	Thu	9:53	0.3	9:13	0.1	3:14	-0.2	4:54	0.0	7:12	5:12	
23	Fri	10:46	0.3	10:08	0.1	4:09	-0.2	5:37	0.0	7:11	5:13	
24	Sat	11:30	0.3	11:02	0.1	4:52	-0.2	6:12	0.0	7:11	5:14	
25	Sun			12:06	0.3	5:20	-0.2	6:44	0.0	7:10	5:15	
26	Mon			12:40	0.3	5:42	-0.2	7:11	0.0	7:09	5:16	
27	Tue	12:19	0.2	1:11	0.3	6:06	-0.2	7:29	-0.1	7:09	5:17	
28	Wed	12:54	0.2	1:42	0.3	6:36	-0.2	7:47	-0.1	7:08	5:19	
29	Thu	1:37	0.2	2:11	0.3	7:15	-0.1	8:20	-0.1	7:07	5:20	
30	Fri	2:30	0.2	2:40	0.3	8:10	-0.1	8:59	-0.1	7:06	5:21	
31	Sat	3:22	0.3	3:11	0.3	9:12	-0.1	9:37	-0.2	7:06	5:22	