

Solomons Island, MD - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:10	1.1	2:31	1.0	8:35	-0.2	8:48	-0.2	6:37	5:59	
2	Tue	2:49	1.1	3:08	1.0	9:14	-0.2	9:23	-0.2	6:35	6:00	
3	Wed	3:26	1.1	3:44	1.0	9:53	-0.1	9:58	-0.2	6:34	6:01	
4	Thu	4:03	1.1	4:21	1.0	10:34	-0.1	10:34	-0.1	6:32	6:02	
5	Fri	4:40	1.1	4:59	0.9	11:15	0.0	11:13	-0.1	6:31	6:03	
6	Sat	5:18	1.0	5:40	0.9	11:59	0.0	11:55	-0.1	6:29	6:04	
7	Sun	6:00	1.0	6:26	0.9			12:47	0.1	6:28	6:05	
8	Mon	6:50	1.0	7:20	0.9	12:42	-0.1	1:37	0.1	6:26	6:06	
9	Tue	7:49	1.0	8:20	0.9	1:34	0.0	2:32	0.1	6:25	6:07	
10	Wed	8:54	1.0	9:21	0.9	2:32	0.0	3:30	0.1	6:23	6:08	
11	Thu	9:55	1.0	10:18	1.0	3:34	0.0	4:27	0.1	6:22	6:09	
12	Fri	10:50	1.1	11:11	1.1	4:36	-0.1	5:21	0.0	6:20	6:10	
13	Sat	11:40	1.1			5:35	-0.1	6:10	-0.1	6:19	6:11	
14	Sun	12:01	1.2	12:29	1.2	6:30	-0.2	6:56	-0.2	6:17	6:12	
15	Mon	12:50	1.3	1:16	1.2	7:22	-0.2	7:42	-0.2	6:16	6:13	
16	Tue	1:39	1.4	2:04	1.2	8:14	-0.3	8:28	-0.3	6:14	6:13	
17	Wed	2:30	1.4	2:54	1.2	9:05	-0.2	9:16	-0.3	6:13	6:14	
18	Thu	3:21	1.4	3:44	1.2	9:58	-0.2	10:06	-0.3	6:11	6:15	
19	Fri	4:15	1.4	4:37	1.2	10:54	-0.1	11:00	-0.2	6:10	6:16	
20	Sat	5:10	1.4	5:34	1.1	11:51	0.0	11:57	-0.2	6:08	6:17	
21	Sun	6:10	1.3	6:35	1.1			12:50	0.0	6:07	6:18	
22	Mon	7:15	1.2	7:42	1.1	12:58	-0.1	1:51	0.1	6:05	6:19	
23	Tue	8:24	1.2	8:50	1.1	2:01	0.0	2:52	0.1	6:03	6:20	
24	Wed	9:30	1.1	9:54	1.1	3:06	0.0	3:53	0.1	6:02	6:21	
25	Thu	10:29	1.1	10:51	1.2	4:11	0.0	4:50	0.1	6:00	6:22	
26	Fri	11:19	1.2	11:42	1.2	5:12	0.1	5:41	0.0	5:59	6:23	
27	Sat			12:04	1.2	6:06	0.0	6:25	0.0	5:57	6:24	
28	Sun	12:27	1.3	12:45	1.2	6:52	0.0	7:04	0.0	5:56	6:25	
29	Mon	1:08	1.3	1:23	1.2	7:35	0.0	7:40	0.0	5:54	6:26	
30	Tue	1:47	1.3	2:00	1.2	8:14	0.1	8:14	0.0	5:53	6:27	
31	Wed	2:24	1.3	2:37	1.2	8:52	0.1	8:48	0.0	5:51	6:28	