

Washington, Washington Channel, DC - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:08	2.2	1:25	2.6	7:39	0.0	8:59	0.2	6:40	6:00	
2	Mon	2:12	2.1	2:32	2.6	8:47	0.1	10:13	0.2	6:39	6:01	
3	Tue	3:27	2.1	3:47	2.6	10:09	0.1	11:20	0.1	6:37	6:02	
4	Wed	4:35	2.3	4:57	2.6	11:26	0.0			6:36	6:03	
5	Thu	5:35	2.5	6:00	2.7	12:21	0.0	12:36	-0.2	6:34	6:04	
6	Fri	6:30	2.7	6:57	2.8	1:17	-0.2	1:37	-0.4	6:33	6:05	
7	Sat	7:22	2.8	7:51	2.8	2:07	-0.3	2:31	-0.5	6:31	6:06	
8	Sun	8:11	2.9	8:41	2.8	2:54	-0.3	3:23	-0.5	6:30	6:07	
9	Mon	8:59	3.0	9:31	2.7	3:39	-0.3	4:14	-0.5	6:28	6:08	
10	Tue	9:47	3.0	10:21	2.6	4:24	-0.3	5:06	-0.4	6:27	6:09	
11	Wed	10:35	3.0	11:13	2.5	5:09	-0.2	5:57	-0.3	6:25	6:10	
12	Thu	11:25	2.9			5:54	-0.1	6:47	-0.1	6:24	6:11	
13	Fri	12:05	2.4	12:15	2.8	6:38	0.0	7:38	0.1	6:22	6:12	
14	Sat	12:59	2.3	1:06	2.6	7:24	0.2	8:32	0.2	6:21	6:13	
15	Sun	1:56	2.3	2:03	2.5	8:17	0.3	9:29	0.3	6:19	6:14	
16	Mon	2:57	2.2	3:07	2.4	9:18	0.4	10:24	0.3	6:17	6:15	
17	Tue	3:57	2.3	4:09	2.4	10:20	0.4	11:16	0.3	6:16	6:16	
18	Wed	4:52	2.4	5:05	2.4	11:19	0.4			6:14	6:17	
19	Thu	5:41	2.5	5:55	2.5	12:05	0.3	12:15	0.3	6:13	6:18	
20	Fri	6:25	2.6	6:41	2.6	12:50	0.2	1:05	0.2	6:11	6:19	
21	Sat	7:05	2.7	7:22	2.6	1:31	0.2	1:51	0.1	6:10	6:20	
22	Sun	7:40	2.8	7:59	2.6	2:08	0.1	2:32	0.1	6:08	6:21	
23	Mon	8:12	2.8	8:33	2.6	2:42	0.1	3:12	0.1	6:06	6:22	
24	Tue	8:42	2.9	9:07	2.6	3:15	0.1	3:51	0.1	6:05	6:23	
25	Wed	9:13	3.0	9:42	2.6	3:48	0.2	4:32	0.2	6:03	6:24	
26	Thu	9:49	3.0	10:23	2.6	4:23	0.2	5:15	0.2	6:02	6:25	
27	Fri	10:31	3.1	11:08	2.5	5:03	0.2	6:00	0.2	6:00	6:26	
28	Sat	11:18	3.1	11:59	2.5	5:47	0.3	6:48	0.3	5:59	6:27	
29	Sun			12:10	3.0	6:36	0.3	7:43	0.4	5:57	6:28	
30	Mon	12:55	2.5	1:08	2.9	7:35	0.4	8:47	0.4	5:55	6:29	
31	Tue	2:00	2.5	2:17	2.8	8:49	0.4	9:53	0.4	5:54	6:30	