

Washington, Washington Channel, DC - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:01	3.1	5:28	3.0			12:05	0.4	6:10	8:00	
2	Sat	5:57	3.3	6:26	3.1	12:25	0.4	1:06	0.3	6:09	8:01	
3	Sun	6:49	3.4	7:20	3.1	1:19	0.4	2:04	0.2	6:07	8:01	
4	Mon	7:38	3.5	8:10	3.1	2:10	0.3	2:58	0.1	6:06	8:02	
5	Tue	8:24	3.6	8:58	3.1	2:57	0.3	3:47	0.1	6:05	8:03	
6	Wed	9:09	3.6	9:45	3.0	3:41	0.4	4:35	0.2	6:04	8:04	
7	Thu	9:52	3.5	10:33	2.9	4:24	0.5	5:23	0.3	6:03	8:05	
8	Fri	10:35	3.4	11:22	2.8	5:07	0.6	6:09	0.4	6:02	8:06	
9	Sat	11:20	3.3			5:51	0.7	6:54	0.5	6:01	8:07	
10	Sun	12:13	2.8	12:08	3.2	6:36	0.8	7:36	0.6	6:00	8:08	
11	Mon	1:04	2.8	12:57	3.0	7:22	0.8	8:17	0.7	5:59	8:09	
12	Tue	1:53	2.8	1:47	2.9	8:10	0.9	8:58	0.7	5:58	8:10	
13	Wed	2:43	2.8	2:43	2.8	9:02	0.9	9:41	0.8	5:57	8:11	
14	Thu	3:36	2.9	3:44	2.7	10:01	0.9	10:28	0.8	5:56	8:12	
15	Fri	4:28	2.9	4:43	2.7	11:01	0.9	11:15	0.8	5:55	8:13	
16	Sat	5:16	3.0	5:36	2.7	11:59	0.8			5:54	8:14	
17	Sun	6:00	3.1	6:23	2.8	12:01	0.7	12:54	0.7	5:53	8:14	
18	Mon	6:41	3.2	7:08	2.8	12:48	0.7	1:48	0.6	5:52	8:15	
19	Tue	7:20	3.4	7:51	2.8	1:35	0.6	2:39	0.6	5:52	8:16	
20	Wed	7:59	3.5	8:33	2.8	2:22	0.6	3:26	0.5	5:51	8:17	
21	Thu	8:39	3.5	9:16	2.9	3:08	0.5	4:13	0.5	5:50	8:18	
22	Fri	9:21	3.5	10:01	2.9	3:55	0.5	5:00	0.4	5:49	8:19	
23	Sat	10:07	3.5	10:50	2.9	4:45	0.6	5:49	0.4	5:49	8:20	
24	Sun	10:57	3.5	11:44	2.9	5:40	0.6	6:39	0.4	5:48	8:20	
25	Mon	11:52	3.4			6:39	0.6	7:28	0.4	5:48	8:21	
26	Tue	12:41	3.0	12:52	3.3	7:37	0.6	8:18	0.4	5:47	8:22	
27	Wed	1:38	3.1	1:54	3.2	8:38	0.6	9:11	0.5	5:46	8:23	
28	Thu	2:37	3.1	2:59	3.1	9:42	0.6	10:07	0.5	5:46	8:24	
29	Fri	3:39	3.2	4:07	3.0	10:47	0.5	11:02	0.5	5:45	8:24	
30	Sat	4:40	3.3	5:10	3.0	11:49	0.5	11:57	0.4	5:45	8:25	
31	Sun	5:37	3.4	6:06	3.0			12:49	0.4	5:44	8:26	