

Washington, Washington Channel, DC - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:57	3.4	7:33	2.8	1:17	0.5	2:21	0.3	5:46	8:37	
2	Thu	7:44	3.4	8:21	2.9	2:09	0.5	3:09	0.3	5:46	8:37	
3	Fri	8:28	3.4	9:07	2.9	2:57	0.5	3:52	0.3	5:47	8:37	
4	Sat	9:10	3.3	9:50	2.9	3:41	0.6	4:33	0.3	5:47	8:36	
5	Sun	9:50	3.2	10:32	2.9	4:22	0.6	5:11	0.4	5:48	8:36	
6	Mon	10:30	3.2	11:12	2.9	5:03	0.6	5:47	0.5	5:48	8:36	
7	Tue	11:10	3.1	11:51	2.9	5:43	0.7	6:20	0.5	5:49	8:36	
8	Wed	11:51	3.0			6:23	0.7	6:50	0.5	5:50	8:35	
9	Thu	12:28	2.9	12:31	2.9	7:03	0.7	7:20	0.6	5:50	8:35	
10	Fri	1:04	2.9	1:12	2.8	7:45	0.8	7:52	0.6	5:51	8:35	
11	Sat	1:42	3.0	1:56	2.7	8:30	0.8	8:30	0.6	5:52	8:34	
12	Sun	2:26	3.0	2:47	2.6	9:26	0.9	9:16	0.6	5:52	8:34	
13	Mon	3:17	3.1	3:50	2.6	10:34	0.9	10:11	0.6	5:53	8:34	
14	Tue	4:16	3.1	4:56	2.5	11:42	0.8	11:12	0.6	5:54	8:33	
15	Wed	5:15	3.2	5:56	2.6			12:47	0.7	5:54	8:33	
16	Thu	6:11	3.3	6:52	2.7	12:17	0.6	1:46	0.6	5:55	8:32	
17	Fri	7:05	3.4	7:45	2.8	1:25	0.5	2:40	0.4	5:56	8:31	
18	Sat	7:58	3.5	8:36	3.0	2:30	0.4	3:30	0.3	5:57	8:31	
19	Sun	8:50	3.5	9:26	3.1	3:28	0.3	4:17	0.2	5:57	8:30	
20	Mon	9:42	3.5	10:16	3.2	4:24	0.3	5:05	0.2	5:58	8:30	
21	Tue	10:35	3.4	11:08	3.2	5:19	0.2	5:53	0.2	5:59	8:29	
22	Wed	11:30	3.3			6:16	0.2	6:41	0.2	6:00	8:28	
23	Thu	12:02	3.3	12:27	3.2	7:12	0.3	7:29	0.2	6:01	8:27	
24	Fri	12:57	3.3	1:23	3.0	8:08	0.4	8:17	0.3	6:01	8:27	
25	Sat	1:52	3.3	2:21	2.9	9:07	0.4	9:08	0.4	6:02	8:26	
26	Sun	2:49	3.2	3:23	2.8	10:09	0.5	10:04	0.4	6:03	8:25	
27	Mon	3:51	3.2	4:27	2.7	11:11	0.5	11:02	0.5	6:04	8:24	
28	Tue	4:52	3.2	5:28	2.7			12:10	0.5	6:05	8:23	
29	Wed	5:48	3.2	6:24	2.7			1:07	0.5	6:06	8:22	
30	Thu	6:39	3.2	7:15	2.8	12:55	0.6	1:58	0.4	6:07	8:21	
31	Fri	7:27	3.2	8:03	2.9	1:49	0.6	2:44	0.3	6:07	8:20	