

Washington, Washington Channel, DC - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:19	2.6	8:39	2.6	2:56	-0.3	3:18	-0.3	6:39	6:00	
2	Tue	8:57	2.6	9:20	2.5	3:32	-0.2	3:58	-0.2	6:38	6:02	
3	Wed	9:33	2.6	10:00	2.5	4:06	-0.1	4:38	-0.2	6:36	6:03	
4	Thu	10:08	2.6	10:39	2.4	4:38	-0.1	5:16	-0.1	6:35	6:04	
5	Fri	10:41	2.6	11:18	2.4	5:08	-0.1	5:53	0.0	6:33	6:05	
6	Sat	11:15	2.6	11:57	2.3	5:40	0.0	6:29	0.1	6:32	6:06	
7	Sun	11:53	2.6			6:16	0.0	7:07	0.1	6:30	6:07	
8	Mon	12:38	2.3	12:35	2.6	6:57	0.1	7:52	0.2	6:29	6:08	
9	Tue	1:24	2.3	1:25	2.6	7:46	0.1	8:49	0.2	6:27	6:09	
10	Wed	2:21	2.3	2:25	2.6	8:45	0.1	9:53	0.2	6:26	6:10	
11	Thu	3:24	2.3	3:33	2.6	9:54	0.1	10:55	0.2	6:24	6:11	
12	Fri	4:23	2.5	4:37	2.6	11:04	0.1	11:54	0.1	6:23	6:12	
13	Sat	5:16	2.6	5:35	2.8			12:11	-0.1	6:21	6:13	
14	Sun	6:07	2.8	6:30	2.9	12:50	0.0	1:13	-0.2	6:20	6:14	
15	Mon	6:56	3.0	7:22	2.9	1:42	-0.1	2:09	-0.3	6:18	6:15	
16	Tue	7:45	3.1	8:13	3.0	2:30	-0.2	3:02	-0.4	6:17	6:16	
17	Wed	8:33	3.2	9:04	2.9	3:18	-0.3	3:54	-0.4	6:15	6:17	
18	Thu	9:22	3.2	9:56	2.9	4:07	-0.3	4:48	-0.4	6:13	6:18	
19	Fri	10:14	3.2	10:52	2.8	4:58	-0.2	5:43	-0.3	6:12	6:19	
20	Sat	11:08	3.1	11:49	2.7	5:50	-0.1	6:37	-0.2	6:10	6:20	
21	Sun			12:04	3.0	6:43	0.0	7:32	-0.1	6:09	6:21	
22	Mon	12:48	2.6	1:03	2.9	7:40	0.1	8:30	0.0	6:07	6:22	
23	Tue	1:49	2.6	2:06	2.7	8:41	0.2	9:29	0.1	6:06	6:23	
24	Wed	2:54	2.6	3:13	2.7	9:44	0.2	10:26	0.2	6:04	6:24	
25	Thu	3:56	2.6	4:16	2.6	10:45	0.2	11:21	0.2	6:02	6:24	
26	Fri	4:53	2.7	5:12	2.7	11:43	0.2			6:01	6:25	
27	Sat	5:43	2.8	6:03	2.7	12:13	0.1	12:37	0.1	5:59	6:26	
28	Sun	6:30	2.9	6:50	2.8	1:00	0.1	1:27	0.1	5:58	6:27	
29	Mon	7:13	3.0	7:34	2.8	1:43	0.1	2:12	0.0	5:56	6:28	
30	Tue	7:52	3.0	8:15	2.8	2:22	0.1	2:54	0.0	5:55	6:29	
31	Wed	8:27	3.0	8:54	2.8	2:57	0.2	3:33	0.1	5:53	6:30	