

Washington, Washington Channel, DC - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:59	3.3	10:41	2.9	4:31	0.5	5:26	0.4	6:09	8:00	
2	Sun	10:31	3.3	11:17	2.9	5:07	0.5	6:04	0.5	6:08	8:01	
3	Mon	11:07	3.3	11:56	2.9	5:47	0.6	6:42	0.5	6:07	8:02	
4	Tue	11:50	3.3			6:30	0.6	7:20	0.5	6:06	8:03	
5	Wed	12:38	2.9	12:37	3.3	7:16	0.6	8:00	0.5	6:05	8:04	
6	Thu	1:24	3.0	1:29	3.2	8:06	0.6	8:46	0.5	6:03	8:05	
7	Fri	2:15	3.1	2:27	3.2	9:04	0.6	9:41	0.5	6:02	8:06	
8	Sat	3:13	3.1	3:33	3.1	10:12	0.6	10:41	0.5	6:01	8:07	
9	Sun	4:16	3.3	4:42	3.1	11:23	0.5	11:42	0.5	6:00	8:08	
10	Mon	5:17	3.4	5:46	3.1			12:30	0.4	5:59	8:09	
11	Tue	6:13	3.6	6:44	3.2	12:42	0.4	1:34	0.3	5:58	8:10	
12	Wed	7:06	3.7	7:40	3.2	1:41	0.3	2:33	0.2	5:57	8:10	
13	Thu	7:59	3.8	8:34	3.2	2:37	0.3	3:28	0.1	5:56	8:11	
14	Fri	8:50	3.8	9:27	3.2	3:30	0.2	4:21	0.1	5:55	8:12	
15	Sat	9:40	3.7	10:20	3.2	4:23	0.3	5:13	0.1	5:55	8:13	
16	Sun	10:32	3.6	11:15	3.1	5:16	0.3	6:05	0.2	5:54	8:14	
17	Mon	11:26	3.4			6:11	0.4	6:56	0.2	5:53	8:15	
18	Tue	12:12	3.1	12:22	3.3	7:05	0.5	7:46	0.3	5:52	8:16	
19	Wed	1:09	3.1	1:19	3.2	7:59	0.6	8:34	0.4	5:51	8:17	
20	Thu	2:04	3.1	2:16	3.0	8:54	0.6	9:23	0.5	5:51	8:18	
21	Fri	3:00	3.1	3:16	2.9	9:51	0.7	10:13	0.6	5:50	8:18	
22	Sat	3:57	3.1	4:16	2.9	10:48	0.7	11:02	0.6	5:49	8:19	
23	Sun	4:52	3.1	5:13	2.9	11:44	0.7	11:50	0.6	5:48	8:20	
24	Mon	5:42	3.2	6:05	2.9			12:37	0.6	5:48	8:21	
25	Tue	6:28	3.3	6:53	2.9	12:36	0.6	1:28	0.6	5:47	8:22	
26	Wed	7:10	3.3	7:38	2.9	1:22	0.6	2:16	0.5	5:47	8:23	
27	Thu	7:50	3.4	8:21	2.9	2:05	0.5	3:00	0.4	5:46	8:23	
28	Fri	8:25	3.4	9:01	2.9	2:47	0.5	3:42	0.4	5:46	8:24	
29	Sat	8:59	3.4	9:38	2.9	3:26	0.5	4:21	0.4	5:45	8:25	
30	Sun	9:31	3.4	10:13	2.9	4:05	0.6	5:01	0.4	5:45	8:26	
31	Mon	10:05	3.4	10:50	3.0	4:46	0.6	5:40	0.4	5:44	8:26	