

Washington, Washington Channel, DC - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:12	3.4	11:49	3.2	6:02	0.4	6:37	0.3	5:46	8:37	
2	Fri			12:02	3.3	6:53	0.5	7:20	0.3	5:47	8:37	
3	Sat	12:38	3.3	12:55	3.2	7:45	0.5	8:05	0.3	5:47	8:37	
4	Sun	1:30	3.3	1:51	3.1	8:43	0.5	8:55	0.3	5:48	8:36	
5	Mon	2:26	3.3	2:54	3.0	9:48	0.5	9:54	0.4	5:48	8:36	
6	Tue	3:28	3.3	4:03	2.9	10:56	0.5	10:57	0.4	5:49	8:36	
7	Wed	4:33	3.4	5:11	2.9			12:01	0.5	5:49	8:36	
8	Thu	5:35	3.4	6:12	2.9	12:01	0.4	1:03	0.3	5:50	8:35	
9	Fri	6:32	3.5	7:09	3.0	1:03	0.4	2:01	0.2	5:51	8:35	
10	Sat	7:27	3.5	8:03	3.1	2:03	0.3	2:55	0.1	5:51	8:35	
11	Sun	8:18	3.5	8:54	3.1	2:58	0.3	3:44	0.1	5:52	8:34	
12	Mon	9:07	3.5	9:42	3.1	3:49	0.3	4:30	0.1	5:53	8:34	
13	Tue	9:55	3.4	10:30	3.1	4:39	0.3	5:15	0.2	5:53	8:33	
14	Wed	10:42	3.3	11:17	3.1	5:28	0.4	5:58	0.3	5:54	8:33	
15	Thu	11:31	3.2			6:16	0.5	6:39	0.3	5:55	8:32	
16	Fri	12:05	3.1	12:21	3.0	7:03	0.6	7:18	0.4	5:56	8:32	
17	Sat	12:52	3.0	1:10	2.9	7:49	0.6	7:54	0.5	5:56	8:31	
18	Sun	1:38	3.0	2:00	2.8	8:37	0.7	8:30	0.5	5:57	8:30	
19	Mon	2:26	3.0	2:53	2.7	9:28	0.8	9:12	0.6	5:58	8:30	
20	Tue	3:17	3.0	3:52	2.6	10:24	0.8	10:01	0.6	5:59	8:29	
21	Wed	4:13	3.0	4:50	2.6	11:21	0.8	10:57	0.6	5:59	8:28	
22	Thu	5:06	3.0	5:44	2.7			12:15	0.7	6:00	8:28	
23	Fri	5:55	3.1	6:33	2.7			1:07	0.6	6:01	8:27	
24	Sat	6:40	3.2	7:18	2.8	12:49	0.6	1:56	0.5	6:02	8:26	
25	Sun	7:22	3.3	7:59	2.9	1:44	0.5	2:42	0.4	6:03	8:25	
26	Mon	8:03	3.3	8:39	3.0	2:35	0.4	3:24	0.3	6:04	8:24	
27	Tue	8:44	3.4	9:17	3.1	3:23	0.3	4:05	0.2	6:04	8:24	
28	Wed	9:25	3.4	9:57	3.2	4:09	0.3	4:46	0.2	6:05	8:23	
29	Thu	10:09	3.4	10:39	3.3	4:57	0.3	5:28	0.2	6:06	8:22	
30	Fri	10:55	3.4	11:26	3.4	5:48	0.3	6:12	0.2	6:07	8:21	
31	Sat	11:46	3.3			6:40	0.3	6:58	0.2	6:08	8:20	