

Washington, Washington Channel, DC - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:16	3.4	12:40	3.2	7:34	0.4	7:46	0.3	6:09	8:19	
2	Mon	1:09	3.4	1:37	3.1	8:32	0.5	8:38	0.3	6:10	8:18	
3	Tue	2:06	3.4	2:40	2.9	9:36	0.5	9:38	0.4	6:11	8:17	
4	Wed	3:09	3.3	3:49	2.8	10:42	0.5	10:44	0.4	6:12	8:16	
5	Thu	4:17	3.3	4:58	2.8	11:46	0.5	11:49	0.4	6:12	8:15	
6	Fri	5:22	3.3	6:00	2.9			12:47	0.4	6:13	8:13	
7	Sat	6:21	3.4	6:57	3.0	12:51	0.4	1:43	0.3	6:14	8:12	
8	Sun	7:14	3.4	7:49	3.1	1:50	0.3	2:34	0.2	6:15	8:11	
9	Mon	8:05	3.4	8:37	3.2	2:44	0.3	3:21	0.2	6:16	8:10	
10	Tue	8:52	3.4	9:21	3.2	3:33	0.3	4:04	0.2	6:17	8:09	
11	Wed	9:36	3.3	10:04	3.2	4:19	0.3	4:45	0.2	6:18	8:07	
12	Thu	10:20	3.3	10:46	3.2	5:04	0.4	5:23	0.3	6:19	8:06	
13	Fri	11:04	3.2	11:27	3.2	5:48	0.5	6:00	0.4	6:20	8:05	
14	Sat	11:48	3.0			6:31	0.6	6:33	0.5	6:21	8:04	
15	Sun	12:09	3.1	12:33	2.9	7:14	0.7	7:05	0.5	6:21	8:02	
16	Mon	12:50	3.1	1:19	2.8	7:57	0.8	7:39	0.6	6:22	8:01	
17	Tue	1:32	3.1	2:07	2.7	8:43	0.8	8:18	0.6	6:23	8:00	
18	Wed	2:17	3.0	3:02	2.6	9:36	0.9	9:08	0.7	6:24	7:58	
19	Thu	3:10	3.0	4:03	2.6	10:35	0.9	10:08	0.7	6:25	7:57	
20	Fri	4:12	3.0	5:02	2.7	11:33	0.8	11:13	0.7	6:26	7:56	
21	Sat	5:11	3.1	5:54	2.8			12:27	0.7	6:27	7:54	
22	Sun	6:03	3.2	6:41	2.9	12:15	0.6	1:18	0.6	6:28	7:53	
23	Mon	6:51	3.3	7:25	3.1	1:15	0.5	2:06	0.5	6:29	7:51	
24	Tue	7:36	3.4	8:07	3.3	2:10	0.4	2:51	0.3	6:30	7:50	
25	Wed	8:21	3.5	8:49	3.4	3:02	0.3	3:34	0.2	6:31	7:49	
26	Thu	9:06	3.5	9:31	3.5	3:51	0.2	4:17	0.2	6:31	7:47	
27	Fri	9:51	3.5	10:15	3.6	4:40	0.2	5:01	0.2	6:32	7:46	
28	Sat	10:38	3.4	11:03	3.6	5:32	0.3	5:47	0.2	6:33	7:44	
29	Sun	11:30	3.3	11:54	3.6	6:26	0.3	6:36	0.2	6:34	7:43	
30	Mon			12:25	3.2	7:22	0.4	7:28	0.3	6:35	7:41	
31	Tue	12:49	3.5	1:24	3.1	8:20	0.5	8:23	0.4	6:36	7:40	