

Washington, Washington Channel, DC - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:55	3.3	6:23	2.9	12:11	0.4	1:05	0.4	5:46	8:37	
2	Sun	6:43	3.3	7:13	3.0	1:02	0.4	1:56	0.3	5:46	8:37	
3	Mon	7:28	3.4	8:00	3.0	1:51	0.4	2:43	0.3	5:47	8:37	
4	Tue	8:10	3.4	8:44	3.0	2:36	0.4	3:26	0.3	5:47	8:36	
5	Wed	8:50	3.4	9:25	3.0	3:18	0.5	4:05	0.3	5:48	8:36	
6	Thu	9:27	3.3	10:04	3.0	3:57	0.5	4:43	0.3	5:48	8:36	
7	Fri	10:02	3.3	10:41	3.0	4:35	0.5	5:18	0.4	5:49	8:36	
8	Sat	10:37	3.2	11:16	3.0	5:13	0.6	5:52	0.4	5:50	8:35	
9	Sun	11:12	3.2	11:50	3.0	5:52	0.6	6:24	0.4	5:50	8:35	
10	Mon	11:50	3.1			6:32	0.6	6:56	0.4	5:51	8:35	
11	Tue	12:25	3.0	12:32	3.1	7:13	0.6	7:30	0.4	5:52	8:34	
12	Wed	1:04	3.1	1:18	3.0	7:57	0.7	8:09	0.4	5:52	8:34	
13	Thu	1:49	3.2	2:09	2.9	8:49	0.7	8:55	0.5	5:53	8:34	
14	Fri	2:40	3.2	3:09	2.9	9:53	0.7	9:51	0.5	5:54	8:33	
15	Sat	3:40	3.3	4:17	2.8	11:05	0.7	10:55	0.5	5:54	8:33	
16	Sun	4:44	3.3	5:23	2.9			12:13	0.6	5:55	8:32	
17	Mon	5:45	3.5	6:23	3.0	12:03	0.4	1:17	0.4	5:56	8:31	
18	Tue	6:42	3.6	7:20	3.1	1:11	0.4	2:16	0.3	5:57	8:31	
19	Wed	7:38	3.6	8:14	3.2	2:15	0.3	3:09	0.1	5:57	8:30	
20	Thu	8:32	3.7	9:07	3.2	3:14	0.2	4:00	0.1	5:58	8:29	
21	Fri	9:25	3.6	9:59	3.3	4:10	0.1	4:50	0.0	5:59	8:29	
22	Sat	10:18	3.5	10:52	3.3	5:05	0.1	5:40	0.0	6:00	8:28	
23	Sun	11:12	3.4	11:47	3.3	6:01	0.2	6:30	0.1	6:01	8:27	
24	Mon			12:09	3.3	6:57	0.2	7:19	0.1	6:02	8:27	
25	Tue	12:43	3.3	1:06	3.1	7:52	0.3	8:08	0.2	6:02	8:26	
26	Wed	1:38	3.2	2:04	3.0	8:48	0.4	8:58	0.3	6:03	8:25	
27	Thu	2:34	3.2	3:03	2.9	9:46	0.5	9:50	0.4	6:04	8:24	
28	Fri	3:33	3.1	4:05	2.8	10:45	0.5	10:45	0.5	6:05	8:23	
29	Sat	4:32	3.1	5:04	2.8	11:42	0.5	11:39	0.5	6:06	8:22	
30	Sun	5:27	3.2	5:59	2.8			12:36	0.5	6:07	8:21	
31	Mon	6:17	3.2	6:50	2.9	12:31	0.5	1:27	0.4	6:08	8:20	