

Washington, Washington Channel, DC - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:29	3.0	1:32	2.9	8:02	0.7	8:18	0.6	5:46	8:37	
2	Mon	2:10	3.0	2:19	2.8	8:50	0.8	8:59	0.6	5:46	8:37	
3	Tue	2:55	3.0	3:14	2.7	9:47	0.8	9:47	0.6	5:47	8:37	
4	Wed	3:48	3.0	4:16	2.7	10:51	0.8	10:43	0.6	5:47	8:36	
5	Thu	4:42	3.1	5:15	2.7	11:53	0.7	11:40	0.5	5:48	8:36	
6	Fri	5:34	3.3	6:08	2.8			12:53	0.6	5:48	8:36	
7	Sat	6:23	3.4	6:59	2.9	12:39	0.5	1:50	0.5	5:49	8:36	
8	Sun	7:12	3.5	7:48	3.0	1:39	0.4	2:43	0.3	5:50	8:36	
9	Mon	8:01	3.6	8:37	3.1	2:37	0.3	3:32	0.2	5:50	8:35	
10	Tue	8:50	3.6	9:25	3.1	3:31	0.3	4:21	0.2	5:51	8:35	
11	Wed	9:39	3.6	10:15	3.2	4:25	0.2	5:09	0.1	5:51	8:34	
12	Thu	10:31	3.5	11:07	3.2	5:21	0.2	5:59	0.1	5:52	8:34	
13	Fri	11:26	3.4			6:18	0.2	6:49	0.1	5:53	8:34	
14	Sat	12:03	3.3	12:24	3.3	7:15	0.3	7:40	0.1	5:54	8:33	
15	Sun	1:00	3.3	1:23	3.2	8:12	0.3	8:31	0.2	5:54	8:33	
16	Mon	1:57	3.3	2:24	3.1	9:12	0.4	9:25	0.3	5:55	8:32	
17	Tue	2:57	3.2	3:28	2.9	10:14	0.4	10:22	0.3	5:56	8:32	
18	Wed	3:59	3.2	4:32	2.9	11:15	0.4	11:19	0.4	5:57	8:31	
19	Thu	5:00	3.3	5:32	2.9			12:15	0.4	5:57	8:30	
20	Fri	5:55	3.3	6:27	2.9	12:15	0.4	1:11	0.3	5:58	8:30	
21	Sat	6:45	3.3	7:19	3.0	1:10	0.4	2:03	0.2	5:59	8:29	
22	Sun	7:33	3.4	8:07	3.0	2:01	0.4	2:51	0.2	6:00	8:28	
23	Mon	8:17	3.4	8:51	3.0	2:49	0.4	3:34	0.2	6:01	8:27	
24	Tue	8:59	3.3	9:33	3.0	3:32	0.4	4:14	0.2	6:01	8:27	
25	Wed	9:38	3.3	10:13	3.0	4:13	0.5	4:52	0.3	6:02	8:26	
26	Thu	10:16	3.2	10:51	3.0	4:52	0.5	5:27	0.4	6:03	8:25	
27	Fri	10:54	3.1	11:28	3.0	5:31	0.6	6:01	0.4	6:04	8:24	
28	Sat	11:32	3.1			6:09	0.6	6:31	0.5	6:05	8:23	
29	Sun	12:04	3.0	12:10	3.0	6:48	0.7	7:01	0.5	6:06	8:22	
30	Mon	12:39	3.0	12:50	2.9	7:27	0.7	7:34	0.5	6:06	8:21	
31	Tue	1:16	3.1	1:33	2.9	8:10	0.7	8:13	0.5	6:07	8:21	