

Washington, Washington Channel, DC - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:40	2.9	11:19	2.5	5:19	-0.3	6:10	-0.3	6:40	6:00	
2	Fri	11:32	2.9			6:07	-0.3	7:06	-0.2	6:38	6:01	
3	Sat	12:14	2.4	12:26	2.8	6:58	-0.2	8:06	-0.1	6:37	6:02	
4	Sun	1:14	2.3	1:26	2.6	7:57	0.0	9:10	0.0	6:35	6:03	
5	Mon	2:22	2.2	2:36	2.5	9:07	0.1	10:15	0.0	6:34	6:04	
6	Tue	3:32	2.2	3:49	2.5	10:18	0.1	11:16	0.0	6:33	6:05	
7	Wed	4:37	2.3	4:55	2.5	11:25	0.0			6:31	6:06	
8	Thu	5:34	2.5	5:54	2.5	12:13	-0.1	12:26	-0.1	6:30	6:07	
9	Fri	6:26	2.6	6:47	2.6	1:05	-0.1	1:22	-0.2	6:28	6:08	
10	Sat	7:14	2.7	7:34	2.6	1:52	-0.2	2:11	-0.2	6:26	6:09	
11	Sun	7:57	2.8	8:18	2.6	2:34	-0.2	2:56	-0.2	6:25	6:10	
12	Mon	8:37	2.8	9:00	2.6	3:13	-0.1	3:39	-0.2	6:23	6:11	
13	Tue	9:15	2.8	9:41	2.5	3:49	0.0	4:20	-0.1	6:22	6:12	
14	Wed	9:53	2.8	10:23	2.5	4:23	0.0	5:01	0.0	6:20	6:13	
15	Thu	10:30	2.8	11:05	2.4	4:54	0.1	5:40	0.1	6:19	6:14	
16	Fri	11:07	2.8	11:47	2.3	5:25	0.2	6:19	0.2	6:17	6:15	
17	Sat	11:44	2.7			5:58	0.2	6:57	0.3	6:16	6:16	
18	Sun	12:29	2.3	12:25	2.7	6:37	0.3	7:38	0.3	6:14	6:17	
19	Mon	1:14	2.2	1:11	2.6	7:23	0.3	8:28	0.4	6:12	6:18	
20	Tue	2:07	2.2	2:07	2.6	8:19	0.4	9:26	0.4	6:11	6:19	
21	Wed	3:07	2.3	3:14	2.5	9:27	0.4	10:24	0.4	6:09	6:20	
22	Thu	4:04	2.4	4:18	2.6	10:36	0.3	11:19	0.3	6:08	6:21	
23	Fri	4:55	2.6	5:14	2.7	11:40	0.2			6:06	6:22	
24	Sat	5:41	2.8	6:06	2.8	12:13	0.2	12:41	0.1	6:05	6:23	
25	Sun	6:26	3.0	6:55	2.9	1:03	0.1	1:36	0.0	6:03	6:24	
26	Mon	7:11	3.1	7:43	2.9	1:50	0.0	2:28	-0.1	6:01	6:25	
27	Tue	7:56	3.3	8:30	2.9	2:35	0.0	3:19	-0.1	6:00	6:26	
28	Wed	8:41	3.3	9:18	2.9	3:20	0.0	4:10	-0.1	5:58	6:27	
29	Thu	9:29	3.3	10:10	2.8	4:07	0.0	5:04	-0.1	5:57	6:28	
30	Fri	10:20	3.3	11:06	2.7	4:58	0.0	5:59	0.0	5:55	6:29	
31	Sat	11:14	3.2			5:52	0.1	6:55	0.1	5:54	6:30	