

Washington, Washington Channel, DC - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:45	3.1	4:10	2.7	10:45	0.7	10:41	0.6	5:46	8:37	
2	Mon	4:40	3.1	5:07	2.6	11:41	0.7	11:29	0.6	5:46	8:37	
3	Tue	5:31	3.2	6:00	2.6			12:35	0.7	5:47	8:37	
4	Wed	6:18	3.2	6:50	2.7	12:18	0.6	1:27	0.6	5:47	8:36	
5	Thu	7:03	3.2	7:37	2.7	1:08	0.6	2:14	0.5	5:48	8:36	
6	Fri	7:44	3.3	8:20	2.8	1:57	0.6	2:57	0.4	5:49	8:36	
7	Sat	8:23	3.3	8:59	2.8	2:43	0.6	3:36	0.4	5:49	8:36	
8	Sun	8:59	3.3	9:35	2.9	3:26	0.5	4:14	0.4	5:50	8:35	
9	Mon	9:34	3.3	10:08	2.9	4:08	0.5	4:50	0.4	5:50	8:35	
10	Tue	10:10	3.3	10:42	3.0	4:50	0.5	5:26	0.4	5:51	8:35	
11	Wed	10:50	3.2	11:19	3.1	5:33	0.5	6:02	0.4	5:52	8:34	
12	Thu	11:33	3.2			6:18	0.5	6:39	0.3	5:52	8:34	
13	Fri	12:00	3.2	12:20	3.2	7:04	0.5	7:17	0.3	5:53	8:33	
14	Sat	12:46	3.2	1:10	3.1	7:54	0.6	7:59	0.4	5:54	8:33	
15	Sun	1:35	3.3	2:05	3.0	8:51	0.6	8:46	0.4	5:55	8:32	
16	Mon	2:30	3.3	3:07	2.8	10:00	0.7	9:43	0.4	5:55	8:32	
17	Tue	3:32	3.3	4:17	2.7	11:12	0.6	10:50	0.5	5:56	8:31	
18	Wed	4:40	3.4	5:26	2.7			12:20	0.6	5:57	8:31	
19	Thu	5:44	3.4	6:28	2.8	12:01	0.5	1:24	0.4	5:58	8:30	
20	Fri	6:44	3.4	7:26	2.9	1:10	0.5	2:21	0.3	5:58	8:29	
21	Sat	7:40	3.5	8:21	3.0	2:15	0.4	3:14	0.2	5:59	8:29	
22	Sun	8:35	3.4	9:13	3.1	3:13	0.3	4:02	0.2	6:00	8:28	
23	Mon	9:26	3.4	10:02	3.1	4:06	0.3	4:48	0.2	6:01	8:27	
24	Tue	10:16	3.3	10:51	3.1	4:58	0.3	5:33	0.2	6:02	8:26	
25	Wed	11:06	3.2	11:40	3.1	5:49	0.4	6:17	0.3	6:03	8:26	
26	Thu	11:57	3.0			6:40	0.5	6:59	0.4	6:03	8:25	
27	Fri	12:29	3.1	12:48	2.9	7:29	0.6	7:39	0.5	6:04	8:24	
28	Sat	1:18	3.1	1:38	2.8	8:18	0.7	8:18	0.5	6:05	8:23	
29	Sun	2:06	3.1	2:31	2.7	9:10	0.8	8:59	0.6	6:06	8:22	
30	Mon	2:58	3.0	3:30	2.6	10:06	0.8	9:46	0.7	6:07	8:21	
31	Tue	3:54	3.0	4:31	2.5	11:04	0.8	10:40	0.7	6:08	8:20	