
































Annisquam Lobster Cove, MA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:38	9.5	10:07	8.7	3:21	0.9	3:55	0.3	6:16	4:35	
2	Mon	10:19	9.9	10:51	8.8	4:03	0.7	4:39	-0.1	6:18	4:34	
3	Tue	11:00	10.2	11:36	8.9	4:45	0.6	5:23	-0.5	6:19	4:33	
4	Wed	11:42	10.4			5:29	0.5	6:09	-0.7	6:20	4:31	
5	Thu	12:23	8.9	12:28	10.5	6:15	0.5	6:56	-0.8	6:22	4:30	
6	Fri	1:12	8.9	1:17	10.5	7:04	0.5	7:47	-0.8	6:23	4:29	
7	Sat	2:04	8.9	2:11	10.3	7:56	0.6	8:40	-0.6	6:24	4:28	
8	Sun	3:00	8.9	3:08	10.0	8:53	0.7	9:37	-0.4	6:25	4:27	
9	Mon	3:58	8.9	4:10	9.7	9:54	0.8	10:36	-0.2	6:27	4:26	
10	Tue	4:59	9.0	5:15	9.5	10:59	0.8	11:37	-0.1	6:28	4:24	
11	Wed	6:01	9.2	6:22	9.3			12:06	0.6	6:29	4:23	
12	Thu	7:01	9.4	7:26	9.2	12:38	0.1	1:11	0.4	6:30	4:22	
13	Fri	7:58	9.8	8:28	9.1	1:36	0.1	2:13	0.1	6:32	4:21	
14	Sat	8:52	10.0	9:24	9.0	2:30	0.2	3:10	-0.2	6:33	4:21	
15	Sun	9:41	10.2	10:16	9.0	3:21	0.3	4:02	-0.5	6:34	4:20	
16	Mon	10:27	10.3	11:05	8.9	4:08	0.4	4:51	-0.6	6:35	4:19	
17	Tue	11:10	10.2	11:50	8.7	4:53	0.6	5:35	-0.5	6:37	4:18	
18	Wed	11:51	10.1			5:36	0.8	6:18	-0.4	6:38	4:17	
19	Thu	12:33	8.5	12:32	9.9	6:18	1.0	6:59	-0.2	6:39	4:16	
20	Fri	1:14	8.3	1:13	9.6	7:00	1.2	7:39	0.1	6:40	4:16	
21	Sat	1:56	8.2	1:54	9.3	7:42	1.4	8:21	0.4	6:42	4:15	
22	Sun	2:38	8.0	2:38	9.0	8:26	1.5	9:03	0.6	6:43	4:14	
23	Mon	3:22	7.9	3:24	8.7	9:13	1.7	9:48	0.9	6:44	4:14	
24	Tue	4:07	7.9	4:13	8.4	10:03	1.8	10:34	1.1	6:45	4:13	
25	Wed	4:55	7.9	5:05	8.1	10:56	1.8	11:23	1.2	6:46	4:12	
26	Thu	5:44	8.1	6:00	7.9	11:52	1.7			6:47	4:12	
27	Fri	6:34	8.3	6:56	7.8	12:12	1.3	12:48	1.5	6:49	4:11	
28	Sat	7:24	8.6	7:51	7.8	1:02	1.3	1:43	1.2	6:50	4:11	
29	Sun	8:13	9.1	8:46	7.9	1:51	1.2	2:36	0.7	6:51	4:11	
30	Mon	9:01	9.5	9:38	8.2	2:40	1.0	3:26	0.2	6:52	4:10	