

































Annisquam Lobster Cove, MA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:09	11.0	11:51	9.4	4:51	-0.3	5:36	-1.7	7:12	4:19	
2	Sat			12:01	11.2	5:44	-0.6	6:25	-2.0	7:12	4:20	
3	Sun	12:41	9.8	12:52	11.2	6:36	-0.9	7:14	-2.0	7:12	4:21	
4	Mon	1:31	10.0	1:44	11.0	7:29	-1.0	8:04	-1.8	7:12	4:22	
5	Tue	2:22	10.1	2:38	10.5	8:23	-0.8	8:54	-1.5	7:12	4:23	
6	Wed	3:15	10.0	3:33	9.8	9:19	-0.5	9:46	-0.9	7:12	4:24	
7	Thu	4:09	9.8	4:31	9.1	10:19	-0.1	10:41	-0.3	7:12	4:25	
8	Fri	5:06	9.6	5:34	8.4	11:22	0.2	11:38	0.3	7:12	4:26	
9	Sat	6:05	9.3	6:40	7.8			12:29	0.5	7:12	4:27	
10	Sun	7:07	9.1	7:47	7.6	12:38	0.8	1:36	0.6	7:11	4:28	
11	Mon	8:07	9.1	8:50	7.5	1:39	1.1	2:40	0.5	7:11	4:29	
12	Tue	9:02	9.1	9:45	7.6	2:37	1.2	3:35	0.3	7:11	4:30	
13	Wed	9:52	9.2	10:32	7.8	3:29	1.1	4:22	0.1	7:10	4:32	
14	Thu	10:35	9.4	11:13	7.9	4:16	1.0	5:03	0.0	7:10	4:33	
15	Fri	11:14	9.5	11:49	8.1	4:57	0.9	5:39	-0.1	7:09	4:34	
16	Sat	11:51	9.5			5:35	0.7	6:13	-0.2	7:09	4:35	
17	Sun	12:24	8.2	12:27	9.5	6:12	0.6	6:46	-0.2	7:08	4:36	
18	Mon	12:58	8.3	1:02	9.4	6:49	0.5	7:19	-0.1	7:08	4:38	
19	Tue	1:31	8.4	1:38	9.1	7:27	0.5	7:53	0.0	7:07	4:39	
20	Wed	2:06	8.5	2:15	8.8	8:06	0.6	8:28	0.2	7:07	4:40	
21	Thu	2:42	8.5	2:55	8.4	8:48	0.7	9:06	0.4	7:06	4:41	
22	Fri	3:22	8.5	3:39	8.0	9:34	0.9	9:48	0.7	7:05	4:42	
23	Sat	4:06	8.5	4:30	7.6	10:25	1.0	10:36	0.9	7:04	4:44	
24	Sun	4:57	8.6	5:28	7.3	11:23	1.1	11:32	1.1	7:04	4:45	
25	Mon	5:54	8.7	6:34	7.2			12:27	0.9	7:03	4:46	
26	Tue	6:57	8.9	7:43	7.4	12:34	1.1	1:32	0.6	7:02	4:48	
27	Wed	8:01	9.4	8:48	7.9	1:38	0.9	2:34	0.0	7:01	4:49	
28	Thu	9:03	10.0	9:47	8.5	2:40	0.4	3:32	-0.7	7:00	4:50	
29	Fri	10:00	10.6	10:40	9.2	3:39	-0.2	4:26	-1.3	6:59	4:52	
30	Sat	10:54	11.1	11:31	9.8	4:35	-0.8	5:16	-1.9	6:58	4:53	
31	Sun	11:46	11.3			5:28	-1.3	6:05	-2.1	6:57	4:54	