US HARBORS www.USHarbors.com

Annisquam Lobster Cove, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:20	9.1	4:57	8.7	10:36	0.6	10:59	1.3	5:08	8:24	
2	Wed	5:12	8.6	5:45	8.6	11:24	1.0	11:53	1.5	5:09	8:24	
3	Thu	6:04	8.2	6:33	8.6			12:12	1.3	5:10	8:24	
4	Fri	6:59	7.8	7:22	8.6	12:49	1.5	1:01	1.6	5:10	8:23	
5	Sat	7:54	7.6	8:11	8.7	1:45	1.5	1:50	1.8	5:11	8:23	
6	Sun	8:50	7.5	9:00	8.8	2:39	1.3	2:39	1.9	5:11	8:23	
7	Mon	9:43	7.5	9:47	9.0	3:30	1.1	3:27	1.9	5:12	8:22	
8	Tue	10:32	7.7	10:32	9.2	4:17	0.9	4:14	1.8	5:13	8:22	
9	Wed	11:17	7.8	11:15	9.4	5:02	0.6	4:59	1.6	5:14	8:22	
10	Thu	11:59	8.0	11:57	9.6	5:43	0.4	5:42	1.4	5:14	8:21	
11	Fri			12:39	8.3	6:24	0.2	6:25	1.2	5:15	8:21	
12	Sat	12:39	9.7	1:19	8.5	7:03	0.0	7:08	1.0	5:16	8:20	
13	Sun	1:21	9.8	2:00	8.7	7:44	-0.1	7:53	0.8	5:17	8:19	
14	Mon	2:04	9.8	2:42	8.9	8:25	-0.2	8:39	0.7	5:17	8:19	
15	Tue	2:50	9.7	3:26	9.2	9:09	-0.2	9:28	0.6	5:18	8:18	
16	Wed	3:39	9.6	4:13	9.4	9:55	-0.1	10:22	0.5	5:19	8:18	
17	Thu	4:32	9.3	5:04	9.6	10:44	0.1	11:19	0.4	5:20	8:17	
18	Fri	5:29	8.9	5:58	9.8	11:37	0.3			5:21	8:16	
19	Sat	6:31	8.6	6:56	10.0	12:21	0.3	12:34	0.6	5:22	8:15	
20	Sun	7:37	8.4	7:57	10.1	1:25	0.1	1:34	0.7	5:23	8:15	
21	Mon	8:44	8.4	8:59	10.3	2:29	-0.1	2:36	0.8	5:24	8:14	
22	Tue	9:48	8.5	9:59	10.5	3:32	-0.4	3:36	0.7	5:25	8:13	
23	Wed	10:47	8.7	10:56	10.6	4:31	-0.6	4:35	0.6	5:26	8:12	
24	Thu	11:41	8.9	11:50	10.6	5:26	-0.7	5:30	0.4	5:27	8:11	
25	Fri			12:32	9.1	6:16	-0.7	6:22	0.3	5:27	8:10	
26	Sat	12:40	10.5	1:18	9.1	7:04	-0.6	7:11	0.4	5:28	8:09	
27	Sun	1:28	10.2	2:03	9.1	7:48	-0.4	7:58	0.5	5:29	8:08	
28	Mon	2:14	9.9	2:46	9.0	8:31	-0.1	8:44	0.7	5:30	8:07	
29	Tue	2:59	9.4	3:29	8.9	9:12	0.3	9:30	0.9	5:31	8:06	
30	Wed	3:44	8.9	4:11	8.8	9:54	0.7	10:18	1.2	5:32	8:05	
31	Thu	4:30	8.4	4:55	8.6	10:37	1.2	11:09	1.4	5:34	8:04	