US HARBORS www.USHarbors.com

Annisquam Lobster Cove, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:34	9.4	1:16	8.1	7:00	0.3	7:01	1.4	5:08	8:24	
2	Thu	1:13	9.4	1:53	8.2	7:37	0.4	7:41	1.4	5:09	8:24	
3	Fri	1:53	9.4	2:31	8.3	8:15	0.4	8:22	1.3	5:09	8:24	
4	Sat	2:33	9.2	3:09	8.4	8:53	0.4	9:05	1.3	5:10	8:23	
5	Sun	3:15	9.1	3:50	8.6	9:33	0.5	9:51	1.2	5:11	8:23	
6	Mon	4:00	8.9	4:33	8.8	10:15	0.6	10:41	1.1	5:11	8:23	
7	Tue	4:49	8.7	5:20	9.1	11:01	0.7	11:36	1.0	5:12	8:22	
8	Wed	5:43	8.5	6:11	9.4	11:52	0.8			5:13	8:22	
9	Thu	6:42	8.3	7:06	9.7	12:35	0.7	12:46	0.8	5:13	8:22	
10	Fri	7:45	8.2	8:05	10.0	1:36	0.4	1:45	0.8	5:14	8:21	
11	Sat	8:50	8.4	9:05	10.4	2:38	0.0	2:45	0.7	5:15	8:21	
12	Sun	9:53	8.6	10:05	10.7	3:39	-0.4	3:45	0.5	5:16	8:20	
13	Mon	10:53	9.0	11:03	11.0	4:37	-0.9	4:44	0.3	5:16	8:20	
14	Tue	11:50	9.3			5:34	-1.2	5:41	0.0	5:17	8:19	
15	Wed	12:00	11.2	12:44	9.6	6:27	-1.3	6:37	-0.2	5:18	8:18	
16	Thu	12:55	11.1	1:36	9.7	7:19	-1.3	7:31	-0.2	5:19	8:18	
17	Fri	1:49	10.9	2:28	9.8	8:10	-1.1	8:25	-0.1	5:20	8:17	
18	Sat	2:42	10.4	3:18	9.7	8:59	-0.7	9:19	0.1	5:21	8:16	
19	Sun	3:35	9.9	4:09	9.6	9:48	-0.3	10:14	0.4	5:22	8:16	
20	Mon	4:28	9.3	4:59	9.4	10:38	0.3	11:10	0.7	5:23	8:15	
21	Tue	5:23	8.6	5:50	9.1	11:28	0.8			5:23	8:14	
22	Wed	6:19	8.1	6:42	8.9	12:08	1.0	12:19	1.3	5:24	8:13	
23	Thu	7:17	7.7	7:35	8.8	1:07	1.2	1:12	1.7	5:25	8:12	
24	Fri	8:16	7.5	8:27	8.8	2:05	1.2	2:05	1.9	5:26	8:11	
25	Sat	9:12	7.5	9:18	8.9	3:01	1.1	2:57	1.9	5:27	8:10	
26	Sun	10:04	7.6	10:06	9.0	3:51	1.0	3:47	1.9	5:28	8:09	
27	Mon	10:50	7.8	10:50	9.2	4:37	0.8	4:33	1.7	5:29	8:08	
28	Tue	11:32	8.0	11:32	9.4	5:18	0.6	5:16	1.5	5:30	8:07	
29	Wed			12:10	8.2	5:57	0.4	5:57	1.2	5:31	8:06	
30	Thu	12:12	9.5	12:47	8.4	6:33	0.3	6:37	1.0	5:32	8:05	
31	Fri	12:50	9.6	1:23	8.6	7:09	0.2	7:16	0.9	5:33	8:04	