



## Annisquam Lobster Cove, MA - Aug 2030

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 12:52 | 9.7  | 1:22  | 9.1  | 7:09  | -0.1 | 7:21  | 0.5  | 5:34  | 8:03 | ☀   |
| 2    | Fri | 1:32  | 9.7  | 2:01  | 9.3  | 7:47  | -0.2 | 8:04  | 0.3  | 5:35  | 8:02 | ☀   |
| 3    | Sat | 2:14  | 9.6  | 2:42  | 9.5  | 8:28  | -0.1 | 8:50  | 0.2  | 5:36  | 8:00 | ☀   |
| 4    | Sun | 3:00  | 9.4  | 3:27  | 9.7  | 9:11  | 0.0  | 9:39  | 0.2  | 5:37  | 7:59 | ☀   |
| 5    | Mon | 3:49  | 9.2  | 4:15  | 9.8  | 9:58  | 0.1  | 10:33 | 0.2  | 5:39  | 7:58 | ☀   |
| 6    | Tue | 4:44  | 8.9  | 5:09  | 9.9  | 10:50 | 0.4  | 11:32 | 0.2  | 5:40  | 7:57 | ☀   |
| 7    | Wed | 5:44  | 8.6  | 6:07  | 9.9  | 11:47 | 0.6  |       |      | 5:41  | 7:55 | ☀   |
| 8    | Thu | 6:49  | 8.4  | 7:10  | 10.0 | 12:36 | 0.2  | 12:49 | 0.7  | 5:42  | 7:54 | ☀   |
| 9    | Fri | 7:57  | 8.5  | 8:15  | 10.2 | 1:41  | 0.0  | 1:53  | 0.6  | 5:43  | 7:53 | ☀   |
| 10   | Sat | 9:02  | 8.7  | 9:19  | 10.4 | 2:45  | -0.3 | 2:57  | 0.4  | 5:44  | 7:51 | ☀   |
| 11   | Sun | 10:03 | 9.1  | 10:18 | 10.7 | 3:46  | -0.6 | 3:57  | 0.1  | 5:45  | 7:50 | ☀   |
| 12   | Mon | 10:58 | 9.5  | 11:13 | 10.8 | 4:42  | -0.8 | 4:54  | -0.2 | 5:46  | 7:49 | ☀   |
| 13   | Tue | 11:50 | 9.8  |       |      | 5:33  | -1.0 | 5:47  | -0.4 | 5:47  | 7:47 | ☀   |
| 14   | Wed | 12:05 | 10.8 | 12:37 | 9.9  | 6:22  | -1.0 | 6:37  | -0.5 | 5:48  | 7:46 | ☀   |
| 15   | Thu | 12:54 | 10.6 | 1:23  | 10.0 | 7:07  | -0.8 | 7:25  | -0.4 | 5:49  | 7:44 | ☀   |
| 16   | Fri | 1:40  | 10.2 | 2:07  | 9.8  | 7:51  | -0.5 | 8:12  | -0.1 | 5:50  | 7:43 | ☀   |
| 17   | Sat | 2:26  | 9.7  | 2:51  | 9.6  | 8:33  | -0.1 | 8:59  | 0.2  | 5:51  | 7:41 | ☀   |
| 18   | Sun | 3:12  | 9.2  | 3:34  | 9.4  | 9:16  | 0.4  | 9:46  | 0.6  | 5:52  | 7:40 | ☀   |
| 19   | Mon | 3:59  | 8.6  | 4:20  | 9.1  | 10:00 | 0.9  | 10:36 | 0.9  | 5:53  | 7:38 | ☀   |
| 20   | Tue | 4:49  | 8.1  | 5:07  | 8.8  | 10:47 | 1.4  | 11:29 | 1.2  | 5:55  | 7:37 | ☀   |
| 21   | Wed | 5:42  | 7.7  | 5:59  | 8.6  | 11:37 | 1.7  |       |      | 5:56  | 7:35 | ☀   |
| 22   | Thu | 6:38  | 7.5  | 6:53  | 8.5  | 12:25 | 1.4  | 12:31 | 1.9  | 5:57  | 7:33 | ☀   |
| 23   | Fri | 7:36  | 7.4  | 7:49  | 8.6  | 1:23  | 1.4  | 1:27  | 2.0  | 5:58  | 7:32 | ☀   |
| 24   | Sat | 8:32  | 7.6  | 8:44  | 8.7  | 2:19  | 1.3  | 2:23  | 1.8  | 5:59  | 7:30 | ☀   |
| 25   | Sun | 9:24  | 7.8  | 9:35  | 9.0  | 3:10  | 1.1  | 3:14  | 1.5  | 6:00  | 7:29 | ☀   |
| 26   | Mon | 10:10 | 8.2  | 10:21 | 9.3  | 3:56  | 0.8  | 4:03  | 1.2  | 6:01  | 7:27 | ☀   |
| 27   | Tue | 10:53 | 8.6  | 11:04 | 9.5  | 4:39  | 0.5  | 4:48  | 0.8  | 6:02  | 7:25 | ☀   |
| 28   | Wed | 11:33 | 9.0  | 11:45 | 9.7  | 5:19  | 0.2  | 5:31  | 0.4  | 6:03  | 7:24 | ☀   |
| 29   | Thu |       |      | 12:11 | 9.4  | 5:58  | -0.1 | 6:13  | 0.1  | 6:04  | 7:22 | ☀   |
| 30   | Fri | 12:27 | 9.9  | 12:50 | 9.7  | 6:37  | -0.2 | 6:57  | -0.2 | 6:05  | 7:20 | ☀   |
| 31   | Sat | 1:09  | 9.9  | 1:31  | 10.0 | 7:18  | -0.3 | 7:41  | -0.3 | 6:06  | 7:19 | ☀   |