
































## Annisquam Lobster Cove, MA - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:08	9.1	5:30	8.2	11:20	0.7	11:37	0.5	7:12	4:19	
2	Thu	6:04	8.9	6:31	7.8			12:23	0.9	7:12	4:20	
3	Fri	7:01	8.7	7:33	7.5	12:33	1.0	1:26	1.0	7:12	4:21	
4	Sat	7:56	8.7	8:32	7.4	1:28	1.2	2:24	0.9	7:12	4:22	
5	Sun	8:47	8.8	9:24	7.5	2:21	1.3	3:16	0.7	7:12	4:23	
6	Mon	9:34	9.0	10:10	7.7	3:10	1.3	4:02	0.4	7:12	4:24	
7	Tue	10:16	9.2	10:52	7.9	3:55	1.1	4:42	0.2	7:12	4:25	
8	Wed	10:56	9.4	11:30	8.1	4:37	0.9	5:19	-0.1	7:12	4:26	
9	Thu	11:33	9.5			5:16	0.7	5:54	-0.2	7:12	4:27	
10	Fri	12:06	8.3	12:09	9.6	5:54	0.6	6:28	-0.3	7:11	4:28	
11	Sat	12:41	8.5	12:45	9.6	6:32	0.5	7:03	-0.4	7:11	4:29	
12	Sun	1:16	8.6	1:22	9.4	7:11	0.4	7:39	-0.4	7:11	4:30	
13	Mon	1:52	8.7	2:00	9.2	7:51	0.4	8:17	-0.3	7:10	4:31	
14	Tue	2:31	8.8	2:42	9.0	8:34	0.4	8:57	-0.2	7:10	4:33	
15	Wed	3:12	8.9	3:28	8.7	9:22	0.5	9:42	0.0	7:09	4:34	
16	Thu	3:59	9.0	4:21	8.3	10:15	0.5	10:33	0.2	7:09	4:35	
17	Fri	4:52	9.1	5:22	8.0	11:15	0.5	11:31	0.4	7:08	4:36	
18	Sat	5:52	9.3	6:29	7.9			12:20	0.3	7:08	4:37	
19	Sun	6:56	9.5	7:39	8.0	12:34	0.4	1:27	0.0	7:07	4:39	
20	Mon	8:02	9.9	8:47	8.4	1:38	0.3	2:31	-0.5	7:07	4:40	
21	Tue	9:05	10.4	9:48	8.9	2:42	-0.1	3:32	-1.1	7:06	4:41	
22	Wed	10:04	10.9	10:44	9.4	3:42	-0.5	4:28	-1.6	7:05	4:42	
23	Thu	10:59	11.2	11:36	9.9	4:39	-1.0	5:20	-1.9	7:04	4:44	
24	Fri	11:51	11.3			5:32	-1.2	6:09	-2.1	7:04	4:45	
25	Sat	12:26	10.1	12:41	11.1	6:24	-1.3	6:57	-1.9	7:03	4:46	
26	Sun	1:14	10.2	1:29	10.7	7:14	-1.2	7:43	-1.6	7:02	4:47	
27	Mon	2:01	10.0	2:18	10.1	8:04	-0.9	8:29	-1.1	7:01	4:49	
28	Tue	2:48	9.7	3:07	9.3	8:54	-0.4	9:15	-0.5	7:00	4:50	
29	Wed	3:37	9.3	3:57	8.6	9:46	0.2	10:03	0.2	6:59	4:51	
30	Thu	4:27	8.9	4:51	7.9	10:42	0.7	10:55	0.8	6:58	4:53	
31	Fri	5:20	8.5	5:50	7.4	11:41	1.1	11:50	1.3	6:57	4:54	