






























Annisquam Lobster Cove, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:53	9.5	3:28	8.9	9:10	0.1	9:25	1.0	5:08	8:24	
2	Sat	3:38	9.1	4:12	8.7	9:53	0.5	10:13	1.3	5:09	8:24	
3	Sun	4:25	8.7	4:58	8.6	10:38	0.8	11:03	1.4	5:10	8:24	
4	Mon	5:14	8.3	5:45	8.6	11:24	1.1	11:55	1.5	5:10	8:23	
5	Tue	6:06	8.0	6:34	8.6			12:13	1.3	5:11	8:23	
6	Wed	7:00	7.8	7:24	8.7	12:50	1.5	1:03	1.5	5:12	8:23	
7	Thu	7:56	7.8	8:15	8.9	1:44	1.4	1:54	1.5	5:12	8:22	
8	Fri	8:50	7.8	9:04	9.2	2:37	1.1	2:44	1.4	5:13	8:22	
9	Sat	9:42	8.0	9:52	9.5	3:28	0.8	3:33	1.3	5:14	8:22	
10	Sun	10:30	8.3	10:38	9.8	4:15	0.4	4:21	1.0	5:14	8:21	
11	Mon	11:16	8.6	11:23	10.1	5:01	0.0	5:08	0.7	5:15	8:21	
12	Tue			12:01	9.0	5:45	-0.4	5:54	0.4	5:16	8:20	
13	Wed	12:08	10.3	12:46	9.3	6:30	-0.7	6:41	0.1	5:17	8:19	
14	Thu	12:54	10.5	1:31	9.6	7:15	-0.9	7:30	-0.1	5:18	8:19	
15	Fri	1:42	10.6	2:19	9.8	8:01	-1.0	8:20	-0.2	5:18	8:18	
16	Sat	2:32	10.5	3:09	10.0	8:50	-1.0	9:13	-0.2	5:19	8:18	
17	Sun	3:26	10.2	4:01	10.1	9:41	-0.8	10:09	-0.2	5:20	8:17	
18	Mon	4:22	9.9	4:56	10.1	10:34	-0.5	11:09	-0.1	5:21	8:16	
19	Tue	5:22	9.5	5:54	10.2	11:31	-0.2			5:22	8:15	
20	Wed	6:26	9.2	6:54	10.2	12:12	-0.1	12:30	0.1	5:23	8:14	
21	Thu	7:31	9.0	7:56	10.2	1:16	-0.1	1:31	0.3	5:24	8:14	
22	Fri	8:36	8.9	8:56	10.2	2:20	-0.2	2:32	0.4	5:25	8:13	
23	Sat	9:37	8.9	9:53	10.3	3:21	-0.3	3:30	0.4	5:26	8:12	
24	Sun	10:33	9.0	10:46	10.3	4:18	-0.4	4:24	0.4	5:27	8:11	
25	Mon	11:24	9.1	11:34	10.3	5:09	-0.5	5:15	0.4	5:28	8:10	
26	Tue			12:10	9.2	5:55	-0.5	6:02	0.4	5:29	8:09	
27	Wed	12:19	10.2	12:53	9.1	6:38	-0.4	6:46	0.4	5:30	8:08	
28	Thu	1:01	10.0	1:33	9.1	7:18	-0.2	7:28	0.6	5:31	8:07	
29	Fri	1:42	9.7	2:12	9.0	7:57	0.0	8:09	0.7	5:32	8:06	
30	Sat	2:22	9.4	2:51	8.9	8:35	0.3	8:52	0.9	5:33	8:05	
31	Sun	3:04	9.0	3:31	8.8	9:15	0.6	9:36	1.0	5:34	8:04	