





























Annisquam Lobster Cove, MA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:47	8.7	4:13	8.7	9:56	0.9	10:22	1.2	5:35	8:02	
2	Tue	4:33	8.3	4:58	8.7	10:40	1.1	11:12	1.4	5:36	8:01	
3	Wed	5:23	8.0	5:46	8.6	11:27	1.4			5:37	8:00	
4	Thu	6:16	7.7	6:37	8.7	12:05	1.4	12:18	1.5	5:38	7:59	
5	Fri	7:12	7.6	7:30	8.8	1:00	1.4	1:11	1.6	5:39	7:58	
6	Sat	8:09	7.7	8:24	9.1	1:56	1.2	2:05	1.5	5:40	7:56	
7	Sun	9:04	8.0	9:17	9.4	2:50	0.8	2:58	1.2	5:41	7:55	
8	Mon	9:56	8.4	10:08	9.8	3:41	0.4	3:50	0.8	5:42	7:54	
9	Tue	10:45	8.9	10:57	10.3	4:30	-0.1	4:41	0.4	5:43	7:52	
10	Wed	11:32	9.4	11:45	10.6	5:17	-0.6	5:30	-0.1	5:44	7:51	
11	Thu			12:19	9.9	6:04	-1.0	6:20	-0.5	5:45	7:50	
12	Fri	12:34	10.8	1:06	10.2	6:51	-1.2	7:10	-0.8	5:46	7:48	
13	Sat	1:24	10.9	1:55	10.5	7:38	-1.3	8:02	-0.9	5:47	7:47	
14	Sun	2:16	10.7	2:46	10.6	8:28	-1.2	8:55	-0.9	5:48	7:45	
15	Mon	3:10	10.4	3:39	10.6	9:19	-0.9	9:52	-0.7	5:49	7:44	
16	Tue	4:07	9.9	4:35	10.4	10:13	-0.5	10:52	-0.5	5:51	7:42	
17	Wed	5:08	9.5	5:34	10.2	11:11	-0.1	11:55	-0.2	5:52	7:41	
18	Thu	6:11	9.1	6:36	10.0			12:12	0.3	5:53	7:39	
19	Fri	7:17	8.8	7:40	9.9	1:00	0.0	1:15	0.6	5:54	7:38	
20	Sat	8:22	8.7	8:42	9.8	2:06	0.0	2:18	0.7	5:55	7:36	
21	Sun	9:23	8.8	9:39	9.8	3:07	0.0	3:17	0.7	5:56	7:35	
22	Mon	10:17	8.9	10:31	9.9	4:02	-0.1	4:11	0.6	5:57	7:33	
23	Tue	11:05	9.0	11:17	9.9	4:51	-0.1	4:59	0.5	5:58	7:31	
24	Wed	11:47	9.1	11:59	9.8	5:34	-0.1	5:43	0.4	5:59	7:30	
25	Thu			12:26	9.1	6:13	0.0	6:23	0.4	6:00	7:28	
26	Fri	12:38	9.7	1:02	9.1	6:50	0.1	7:02	0.4	6:01	7:27	
27	Sat	1:16	9.5	1:38	9.1	7:25	0.3	7:41	0.5	6:02	7:25	
28	Sun	1:54	9.2	2:14	9.1	8:01	0.5	8:20	0.6	6:03	7:23	
29	Mon	2:33	8.9	2:51	9.0	8:38	0.7	9:02	0.8	6:04	7:22	
30	Tue	3:14	8.6	3:31	8.9	9:18	1.0	9:45	1.0	6:06	7:20	
31	Wed	3:57	8.3	4:15	8.8	10:00	1.2	10:33	1.1	6:07	7:18	