

































Barnstable Harbor, MA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:55	9.3	2:04	10.2	8:15	0.5	8:45	-0.4	7:08	4:21	
2	Tue	2:39	9.5	2:52	10.0	9:04	0.4	9:31	-0.2	7:08	4:22	
3	Wed	3:26	9.7	3:45	9.7	9:58	0.4	10:22	0.0	7:08	4:23	
4	Thu	4:17	9.9	4:42	9.3	10:55	0.3	11:16	0.2	7:08	4:23	
5	Fri	5:12	10.1	5:43	9.0	11:55	0.2			7:08	4:24	
6	Sat	6:09	10.2	6:48	8.8	12:12	0.4	12:58	0.1	7:08	4:25	
7	Sun	7:10	10.4	7:54	8.8	1:11	0.6	2:01	-0.2	7:08	4:26	
8	Mon	8:12	10.6	8:58	9.0	2:13	0.6	3:04	-0.5	7:08	4:27	
9	Tue	9:11	10.9	9:57	9.2	3:13	0.4	4:02	-0.8	7:07	4:28	
10	Wed	10:07	11.0	10:51	9.4	4:10	0.2	4:56	-1.0	7:07	4:29	
11	Thu	11:01	11.1	11:43	9.5	5:03	0.1	5:47	-1.1	7:07	4:30	
12	Fri	11:52	11.0			5:55	0.0	6:35	-1.0	7:06	4:32	
13	Sat	12:32	9.6	12:41	10.7	6:45	0.0	7:21	-0.8	7:06	4:33	
14	Sun	1:18	9.6	1:29	10.3	7:33	0.2	8:05	-0.4	7:06	4:34	
15	Mon	2:02	9.5	2:15	9.8	8:21	0.4	8:49	0.1	7:05	4:35	
16	Tue	2:46	9.3	3:02	9.3	9:09	0.7	9:33	0.6	7:05	4:36	
17	Wed	3:31	9.2	3:51	8.7	9:59	1.0	10:20	1.1	7:04	4:37	
18	Thu	4:18	9.0	4:44	8.2	10:52	1.3	11:08	1.5	7:04	4:38	
19	Fri	5:07	8.8	5:39	7.8	11:47	1.4	11:58	1.8	7:03	4:40	
20	Sat	5:59	8.8	6:36	7.6			12:43	1.5	7:03	4:41	
21	Sun	6:52	8.8	7:35	7.6	12:51	2.0	1:40	1.4	7:02	4:42	
22	Mon	7:47	9.0	8:31	7.7	1:44	2.0	2:35	1.2	7:01	4:43	
23	Tue	8:38	9.3	9:20	8.0	2:37	1.8	3:26	0.9	7:01	4:45	
24	Wed	9:25	9.6	10:05	8.3	3:27	1.5	4:11	0.4	7:00	4:46	
25	Thu	10:09	10.0	10:46	8.6	4:13	1.1	4:53	0.0	6:59	4:47	
26	Fri	10:50	10.3	11:26	9.0	4:57	0.7	5:33	-0.4	6:58	4:48	
27	Sat	11:32	10.5			5:40	0.3	6:13	-0.7	6:57	4:50	
28	Sun	12:06	9.4	12:15	10.7	6:24	0.0	6:54	-0.9	6:57	4:51	
29	Mon	12:46	9.8	12:59	10.7	7:08	-0.3	7:36	-0.9	6:56	4:52	
30	Tue	1:28	10.1	1:44	10.5	7:55	-0.4	8:19	-0.8	6:55	4:53	
31	Wed	2:11	10.3	2:33	10.1	8:44	-0.5	9:05	-0.5	6:54	4:55	