US HARBORS www.USHarbors.com

Barnstable Harbor, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:47	11.0	9:32	9.3	2:51	0.4	3:40	-0.8	7:08	4:21	
2	Fri	9:44	11.3	10:29	9.5	3:48	0.1	4:36	-1.2	7:08	4:22	
3	Sat	10:39	11.5	11:24	9.7	4:44	-0.1	5:30	-1.4	7:08	4:23	
4	Sun	11:34	11.5			5:38	-0.2	6:22	-1.4	7:08	4:24	
5	Mon	12:18	9.8	12:28	11.3	6:32	-0.2	7:13	-1.3	7:08	4:25	
6	Tue	1:10	9.8	1:21	10.9	7:24	-0.1	8:02	-0.9	7:08	4:26	
7	Wed	2:00	9.8	2:13	10.4	8:17	0.1	8:50	-0.5	7:08	4:27	
8	Thu	2:50	9.6	3:05	9.8	9:10	0.4	9:39	0.1	7:07	4:28	
9	Fri	3:40	9.4	3:59	9.1	10:05	0.8	10:29	0.7	7:07	4:29	
10	Sat	4:30	9.2	4:55	8.6	11:01	1.0	11:20	1.2	7:07	4:30	
11	Sun	5:22	9.1	5:52	8.1	11:59	1.2			7:07	4:31	
12	Mon	6:14	9.0	6:51	7.8	12:12	1.6	12:57	1.3	7:06	4:32	
13	Tue	7:07	9.0	7:49	7.7	1:04	1.8	1:55	1.3	7:06	4:33	
14	Wed	8:00	9.1	8:44	7.8	1:58	1.9	2:50	1.1	7:06	4:34	
15	Thu	8:50	9.3	9:32	8.0	2:49	1.8	3:39	0.9	7:05	4:35	
16	Fri	9:36	9.5	10:16	8.2	3:37	1.6	4:22	0.6	7:05	4:36	
17	Sat	10:17	9.8	10:56	8.4	4:21	1.4	5:02	0.3	7:04	4:38	
18	Sun	10:57	10.0	11:35	8.6	5:02	1.1	5:41	0.0	7:04	4:39	
19	Mon	11:37	10.1			5:43	0.9	6:18	-0.2	7:03	4:40	
20	Tue	12:12	8.9	12:16	10.2	6:24	0.7	6:56	-0.3	7:02	4:41	
21	Wed	12:50	9.1	12:56	10.2	7:05	0.5	7:35	-0.4	7:02	4:42	
22	Thu	1:27	9.3	1:37	10.1	7:48	0.3	8:14	-0.3	7:01	4:44	
23	Fri	2:06	9.6	2:21	9.9	8:33	0.2	8:56	-0.2	7:00	4:45	
24	Sat	2:48	9.7	3:08	9.5	9:21	0.2	9:42	0.1	7:00	4:46	
25	Sun	3:35	9.9	4:02	9.1	10:15	0.2	10:33	0.3	6:59	4:47	
26	Mon	4:27	9.9	5:00	8.8	11:13	0.3	11:29	0.6	6:58	4:49	
27	Tue	5:24	10.0	6:04	8.5			12:15	0.2	6:57	4:50	
28	Wed	6:25	10.1	7:11	8.4	12:28	0.8	1:20	0.1	6:56	4:51	
29	Thu	7:30	10.2	8:19	8.6	1:31	0.8	2:25	-0.1	6:55	4:52	
30	Fri	8:35	10.5	9:23	8.9	2:35	0.7	3:28	-0.5	6:54	4:54	
31	Sat	9:36	10.8	10:20	9.3	3:36	0.4	4:25	-0.8	6:53	4:55	