

































## Barnstable Harbor, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:12	10.9	8:54	9.3	2:14	0.2	3:01	-0.7	7:08	4:21	
2	Wed	9:10	11.2	9:53	9.6	3:14	0.0	3:59	-1.1	7:08	4:22	
3	Thu	10:06	11.4	10:48	9.8	4:10	-0.2	4:53	-1.3	7:08	4:23	
4	Fri	11:00	11.5	11:41	10.0	5:04	-0.4	5:45	-1.4	7:08	4:24	
5	Sat	11:52	11.4			5:56	-0.4	6:35	-1.4	7:08	4:25	
6	Sun	12:32	10.0	12:43	11.1	6:48	-0.4	7:22	-1.1	7:08	4:26	
7	Mon	1:21	10.0	1:33	10.6	7:38	-0.2	8:09	-0.7	7:08	4:27	
8	Tue	2:08	9.8	2:21	10.1	8:27	0.2	8:55	-0.2	7:07	4:28	
9	Wed	2:54	9.6	3:11	9.5	9:18	0.5	9:42	0.3	7:07	4:29	
10	Thu	3:42	9.4	4:03	8.9	10:10	0.9	10:31	0.9	7:07	4:30	
11	Fri	4:32	9.2	4:57	8.4	11:05	1.1	11:21	1.3	7:07	4:31	
12	Sat	5:23	9.0	5:53	8.1			12:01	1.3	7:06	4:32	
13	Sun	6:15	8.9	6:50	7.9	12:13	1.6	12:57	1.4	7:06	4:33	
14	Mon	7:09	9.0	7:48	7.8	1:05	1.7	1:54	1.3	7:06	4:34	
15	Tue	8:02	9.1	8:41	8.0	1:58	1.7	2:48	1.0	7:05	4:35	
16	Wed	8:51	9.4	9:29	8.2	2:50	1.6	3:36	0.7	7:05	4:36	
17	Thu	9:36	9.7	10:12	8.5	3:37	1.3	4:19	0.3	7:04	4:38	
18	Fri	10:18	10.0	10:52	8.8	4:21	1.0	4:59	0.0	7:04	4:39	
19	Sat	10:58	10.2	11:32	9.1	5:04	0.7	5:39	-0.3	7:03	4:40	
20	Sun	11:38	10.4			5:46	0.4	6:19	-0.6	7:02	4:41	
21	Mon	12:11	9.4	12:20	10.5	6:29	0.1	6:59	-0.7	7:02	4:42	
22	Tue	12:51	9.7	1:02	10.5	7:12	-0.1	7:40	-0.8	7:01	4:44	
23	Wed	1:31	10.0	1:46	10.3	7:58	-0.3	8:23	-0.7	7:00	4:45	
24	Thu	2:14	10.2	2:34	10.1	8:46	-0.3	9:09	-0.5	7:00	4:46	
25	Fri	3:01	10.3	3:25	9.7	9:38	-0.2	9:59	-0.2	6:59	4:47	
26	Sat	3:53	10.3	4:23	9.3	10:35	-0.1	10:54	0.1	6:58	4:49	
27	Sun	4:49	10.2	5:25	8.9	11:36	0.0	11:53	0.4	6:57	4:50	
28	Mon	5:50	10.2	6:31	8.7			12:39	0.0	6:56	4:51	
29	Tue	6:54	10.2	7:39	8.7	12:55	0.6	1:44	-0.1	6:55	4:52	
30	Wed	7:59	10.4	8:45	9.0	1:58	0.5	2:48	-0.3	6:54	4:54	
31	Thu	9:01	10.6	9:44	9.3	3:01	0.3	3:47	-0.7	6:53	4:55	