

































## Barnstable Harbor, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:04	10.2	3:39	9.6	9:40	0.2	9:58	1.1	5:10	8:19	
2	Sat	3:50	9.8	4:24	9.4	10:25	0.6	10:46	1.4	5:11	8:19	
3	Sun	4:38	9.4	5:10	9.3	11:11	1.0	11:37	1.5	5:11	8:19	
4	Mon	5:28	9.0	5:58	9.3	11:59	1.3			5:12	8:19	
5	Tue	6:20	8.7	6:47	9.3	12:29	1.6	12:47	1.5	5:13	8:18	
6	Wed	7:13	8.5	7:36	9.4	1:22	1.6	1:36	1.7	5:13	8:18	
7	Thu	8:07	8.4	8:26	9.5	2:15	1.5	2:26	1.7	5:14	8:18	
8	Fri	9:00	8.5	9:15	9.8	3:08	1.3	3:17	1.6	5:14	8:17	
9	Sat	9:52	8.7	10:02	10.1	3:58	1.0	4:07	1.4	5:15	8:17	
10	Sun	10:39	8.9	10:48	10.5	4:46	0.5	4:54	1.1	5:16	8:16	
11	Mon	11:24	9.3	11:32	10.8	5:32	0.1	5:41	0.8	5:17	8:16	
12	Tue			12:09	9.6	6:17	-0.3	6:27	0.4	5:17	8:15	
13	Wed	12:18	11.1	12:55	9.9	7:02	-0.7	7:14	0.1	5:18	8:15	
14	Thu	1:05	11.3	1:41	10.3	7:48	-0.9	8:03	-0.1	5:19	8:14	
15	Fri	1:53	11.3	2:29	10.5	8:34	-1.0	8:53	-0.2	5:20	8:14	
16	Sat	2:43	11.2	3:17	10.7	9:22	-1.0	9:45	-0.3	5:21	8:13	
17	Sun	3:35	11.0	4:09	10.8	10:12	-0.8	10:41	-0.2	5:21	8:12	
18	Mon	4:31	10.6	5:03	10.8	11:05	-0.5	11:39	-0.1	5:22	8:12	
19	Tue	5:30	10.2	6:00	10.8			12:01	-0.1	5:23	8:11	
20	Wed	6:31	9.8	6:59	10.7	12:40	0.0	12:59	0.2	5:24	8:10	
21	Thu	7:35	9.5	8:00	10.7	1:41	0.1	1:58	0.5	5:25	8:09	
22	Fri	8:40	9.4	9:01	10.7	2:44	0.1	2:58	0.6	5:26	8:09	
23	Sat	9:43	9.4	9:59	10.8	3:46	0.0	3:57	0.7	5:27	8:08	
24	Sun	10:40	9.5	10:52	10.8	4:43	-0.2	4:52	0.6	5:28	8:07	
25	Mon	11:31	9.6	11:41	10.8	5:34	-0.3	5:43	0.6	5:29	8:06	
26	Tue			12:18	9.7	6:22	-0.3	6:31	0.5	5:30	8:05	
27	Wed	12:27	10.7	1:02	9.7	7:06	-0.2	7:16	0.6	5:31	8:04	
28	Thu	1:11	10.5	1:44	9.7	7:47	-0.1	8:00	0.6	5:32	8:03	
29	Fri	1:54	10.3	2:24	9.7	8:28	0.1	8:43	0.8	5:33	8:02	
30	Sat	2:36	10.0	3:04	9.6	9:08	0.4	9:26	0.9	5:34	8:01	
31	Sun	3:18	9.7	3:44	9.6	9:49	0.7	10:11	1.1	5:35	8:00	