


































Barnstable Harbor, MA - Jan 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 3:20 | 9.0 | 3:32 | 9.2 | 9:38 | 1.2 | 10:09 | 0.7 | 7:08 | 4:21 |  |
| 2 | Fri | 4:09 | 8.8 | 4:26 | 8.7 | 10:33 | 1.4 | 10:58 | 1.2 | 7:08 | 4:22 |  |
| 3 | Sat | 4:59 | 8.8 | 5:21 | 8.3 | 11:29 | 1.6 | 11:48 | 1.5 | 7:08 | 4:23 |  |
| 4 | Sun | 5:49 | 8.8 | 6:17 | 8.0 | | | 12:24 | 1.6 | 7:08 | 4:23 |  |
| 5 | Mon | 6:39 | 8.8 | 7:14 | 7.8 | 12:37 | 1.8 | 1:20 | 1.5 | 7:08 | 4:24 |  |
| 6 | Tue | 7:30 | 9.0 | 8:09 | 7.8 | 1:28 | 1.9 | 2:15 | 1.3 | 7:08 | 4:25 |  |
| 7 | Wed | 8:19 | 9.2 | 9:01 | 7.9 | 2:19 | 1.9 | 3:07 | 1.0 | 7:08 | 4:26 |  |
| 8 | Thu | 9:06 | 9.4 | 9:47 | 8.1 | 3:08 | 1.7 | 3:53 | 0.7 | 7:07 | 4:27 |  |
| 9 | Fri | 9:49 | 9.7 | 10:30 | 8.3 | 3:53 | 1.5 | 4:36 | 0.4 | 7:07 | 4:28 |  |
| 10 | Sat | 10:31 | 10.0 | 11:11 | 8.5 | 4:37 | 1.3 | 5:18 | 0.0 | 7:07 | 4:29 |  |
| 11 | Sun | 11:12 | 10.3 | 11:52 | 8.8 | 5:19 | 1.0 | 5:58 | -0.3 | 7:07 | 4:31 |  |
| 12 | Mon | 11:54 | 10.5 | | | 6:02 | 0.7 | 6:39 | -0.5 | 7:06 | 4:32 |  |
| 13 | Tue | 12:33 | 9.0 | 12:37 | 10.6 | 6:46 | 0.5 | 7:21 | -0.6 | 7:06 | 4:33 |  |
| 14 | Wed | 1:14 | 9.3 | 1:22 | 10.5 | 7:31 | 0.3 | 8:03 | -0.7 | 7:06 | 4:34 |  |
| 15 | Thu | 1:57 | 9.5 | 2:08 | 10.4 | 8:18 | 0.2 | 8:48 | -0.6 | 7:05 | 4:35 |  |
| 16 | Fri | 2:41 | 9.8 | 2:58 | 10.1 | 9:09 | 0.1 | 9:35 | -0.4 | 7:05 | 4:36 |  |
| 17 | Sat | 3:30 | 9.9 | 3:52 | 9.6 | 10:04 | 0.1 | 10:26 | -0.1 | 7:04 | 4:37 |  |
| 18 | Sun | 4:22 | 10.0 | 4:51 | 9.2 | 11:02 | 0.1 | 11:21 | 0.3 | 7:04 | 4:39 |  |
| 19 | Mon | 5:18 | 10.1 | 5:53 | 8.8 | | | 12:04 | 0.1 | 7:03 | 4:40 |  |
| 20 | Tue | 6:17 | 10.1 | 6:59 | 8.6 | 12:19 | 0.6 | 1:07 | 0.1 | 7:02 | 4:41 |  |
| 21 | Wed | 7:20 | 10.2 | 8:07 | 8.6 | 1:20 | 0.8 | 2:12 | -0.1 | 7:02 | 4:42 |  |
| 22 | Thu | 8:23 | 10.4 | 9:11 | 8.7 | 2:22 | 0.8 | 3:15 | -0.3 | 7:01 | 4:43 |  |
| 23 | Fri | 9:22 | 10.5 | 10:08 | 8.9 | 3:22 | 0.7 | 4:13 | -0.6 | 7:00 | 4:45 |  |
| 24 | Sat | 10:17 | 10.7 | 11:01 | 9.1 | 4:19 | 0.5 | 5:05 | -0.7 | 7:00 | 4:46 |  |
| 25 | Sun | 11:09 | 10.7 | 11:50 | 9.3 | 5:11 | 0.3 | 5:54 | -0.8 | 6:59 | 4:47 |  |
| 26 | Mon | 11:58 | 10.6 | | | 6:00 | 0.2 | 6:39 | -0.7 | 6:58 | 4:48 |  |
| 27 | Tue | 12:35 | 9.4 | 12:44 | 10.4 | 6:48 | 0.2 | 7:22 | -0.5 | 6:57 | 4:50 |  |
| 28 | Wed | 1:18 | 9.4 | 1:28 | 10.0 | 7:33 | 0.3 | 8:03 | -0.1 | 6:56 | 4:51 |  |
| 29 | Thu | 1:59 | 9.3 | 2:12 | 9.6 | 8:19 | 0.5 | 8:44 | 0.3 | 6:55 | 4:52 |  |
| 30 | Fri | 2:40 | 9.2 | 2:57 | 9.1 | 9:04 | 0.8 | 9:26 | 0.8 | 6:54 | 4:53 |  |
| 31 | Sat | 3:22 | 9.0 | 3:44 | 8.5 | 9:52 | 1.1 | 10:11 | 1.2 | 6:53 | 4:55 |  |