

Barnstable Harbor, MA - Jan 2055

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|------|-------|------|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 1:24 | 9.1 | 1:28 | 10.0 | 7:37 | 0.9 | 8:09 | 0.0 | 7:08 | 4:21 | ☀ |
| 2 | Sat | 2:05 | 8.9 | 2:11 | 9.6 | 8:20 | 1.1 | 8:51 | 0.3 | 7:08 | 4:22 | ☾ |
| 3 | Sun | 2:47 | 8.8 | 2:56 | 9.3 | 9:06 | 1.3 | 9:34 | 0.7 | 7:08 | 4:23 | ☾ |
| 4 | Mon | 3:32 | 8.7 | 3:43 | 8.9 | 9:54 | 1.5 | 10:20 | 0.9 | 7:08 | 4:24 | ☾ |
| 5 | Tue | 4:19 | 8.7 | 4:34 | 8.6 | 10:45 | 1.6 | 11:08 | 1.2 | 7:08 | 4:24 | ☾ |
| 6 | Wed | 5:07 | 8.7 | 5:27 | 8.4 | 11:38 | 1.6 | 11:57 | 1.3 | 7:08 | 4:25 | ☾ |
| 7 | Thu | 5:56 | 8.8 | 6:21 | 8.2 | | | 12:31 | 1.5 | 7:07 | 4:26 | ☾ |
| 8 | Fri | 6:46 | 9.0 | 7:16 | 8.3 | 12:47 | 1.3 | 1:25 | 1.2 | 7:07 | 4:27 | ☾ |
| 9 | Sat | 7:36 | 9.4 | 8:10 | 8.4 | 1:38 | 1.3 | 2:19 | 0.8 | 7:07 | 4:28 | ☾ |
| 10 | Sun | 8:26 | 9.8 | 9:02 | 8.7 | 2:30 | 1.0 | 3:11 | 0.2 | 7:07 | 4:30 | ☾ |
| 11 | Mon | 9:14 | 10.4 | 9:51 | 9.1 | 3:20 | 0.7 | 4:01 | -0.4 | 7:07 | 4:31 | ☾ |
| 12 | Tue | 10:02 | 10.9 | 10:39 | 9.5 | 4:09 | 0.3 | 4:49 | -0.9 | 7:06 | 4:32 | ☾ |
| 13 | Wed | 10:50 | 11.3 | 11:28 | 9.9 | 4:58 | -0.2 | 5:36 | -1.4 | 7:06 | 4:33 | ☾ |
| 14 | Thu | 11:39 | 11.5 | | | 5:47 | -0.5 | 6:25 | -1.7 | 7:05 | 4:34 | ☾ |
| 15 | Fri | 12:17 | 10.2 | 12:29 | 11.6 | 6:37 | -0.7 | 7:13 | -1.8 | 7:05 | 4:35 | ☾ |
| 16 | Sat | 1:07 | 10.4 | 1:21 | 11.5 | 7:29 | -0.8 | 8:03 | -1.7 | 7:05 | 4:36 | ☾ |
| 17 | Sun | 1:58 | 10.5 | 2:15 | 11.2 | 8:22 | -0.8 | 8:54 | -1.4 | 7:04 | 4:37 | ☾ |
| 18 | Mon | 2:51 | 10.5 | 3:11 | 10.7 | 9:18 | -0.6 | 9:48 | -1.0 | 7:04 | 4:39 | ☾ |
| 19 | Tue | 3:47 | 10.4 | 4:10 | 10.1 | 10:17 | -0.3 | 10:45 | -0.5 | 7:03 | 4:40 | ☾ |
| 20 | Wed | 4:45 | 10.2 | 5:14 | 9.5 | 11:19 | -0.1 | 11:43 | 0.0 | 7:02 | 4:41 | ☾ |
| 21 | Thu | 5:45 | 10.1 | 6:19 | 9.1 | | | 12:22 | 0.1 | 7:02 | 4:42 | ☾ |
| 22 | Fri | 6:46 | 10.0 | 7:25 | 8.9 | 12:42 | 0.4 | 1:26 | 0.2 | 7:01 | 4:43 | ☾ |
| 23 | Sat | 7:48 | 10.0 | 8:29 | 8.8 | 1:42 | 0.6 | 2:30 | 0.1 | 7:00 | 4:45 | ☾ |
| 24 | Sun | 8:45 | 10.1 | 9:26 | 8.9 | 2:41 | 0.7 | 3:28 | -0.1 | 7:00 | 4:46 | ☾ |
| 25 | Mon | 9:37 | 10.1 | 10:16 | 9.0 | 3:36 | 0.7 | 4:19 | -0.2 | 6:59 | 4:47 | ☾ |
| 26 | Tue | 10:23 | 10.2 | 11:00 | 9.0 | 4:24 | 0.6 | 5:04 | -0.3 | 6:58 | 4:48 | ☾ |
| 27 | Wed | 11:05 | 10.2 | 11:41 | 9.1 | 5:09 | 0.6 | 5:45 | -0.3 | 6:57 | 4:50 | ☾ |
| 28 | Thu | 11:46 | 10.1 | | | 5:51 | 0.5 | 6:24 | -0.3 | 6:56 | 4:51 | ☾ |
| 29 | Fri | 12:19 | 9.1 | 12:25 | 10.0 | 6:32 | 0.5 | 7:02 | -0.2 | 6:55 | 4:52 | ☾ |
| 30 | Sat | 12:57 | 9.1 | 1:04 | 9.9 | 7:12 | 0.6 | 7:40 | 0.0 | 6:54 | 4:53 | ☾ |
| 31 | Sun | 1:34 | 9.1 | 1:43 | 9.6 | 7:53 | 0.7 | 8:18 | 0.2 | 6:53 | 4:55 | ☾ |