

## Cape Cod Canal, East (Sandwich), MA - Jan 1976

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                |
| 1    | Thu | 10:34 | 10.4 | 11:10 | 9.0  | 4:16  | 0.0  | 4:55  | -1.0 | 7:09                                                                                | 4:21 | ●                                                                                   |
| 2    | Fri | 11:23 | 10.3 | 11:58 | 9.0  | 5:06  | 0.0  | 5:43  | -0.9 | 7:09                                                                                | 4:22 | ●                                                                                   |
| 3    | Sat |       |      | 12:09 | 10.1 | 5:55  | 0.1  | 6:28  | -0.7 | 7:09                                                                                | 4:23 | ●                                                                                   |
| 4    | Sun | 12:43 | 9.0  | 12:54 | 9.7  | 6:42  | 0.3  | 7:12  | -0.4 | 7:09                                                                                | 4:24 | ●                                                                                   |
| 5    | Mon | 1:27  | 8.8  | 1:39  | 9.3  | 7:28  | 0.5  | 7:56  | -0.1 | 7:09                                                                                | 4:25 | ◐                                                                                   |
| 6    | Tue | 2:11  | 8.6  | 2:24  | 8.8  | 8:15  | 0.8  | 8:40  | 0.3  | 7:09                                                                                | 4:25 | ◑                                                                                   |
| 7    | Wed | 2:55  | 8.4  | 3:10  | 8.3  | 9:02  | 1.1  | 9:25  | 0.7  | 7:09                                                                                | 4:26 | ◒                                                                                   |
| 8    | Thu | 3:40  | 8.3  | 3:58  | 7.9  | 9:51  | 1.3  | 10:11 | 1.1  | 7:09                                                                                | 4:27 | ◓                                                                                   |
| 9    | Fri | 4:26  | 8.1  | 4:48  | 7.5  | 10:41 | 1.4  | 10:59 | 1.4  | 7:09                                                                                | 4:28 | ◔                                                                                   |
| 10   | Sat | 5:14  | 8.1  | 5:40  | 7.3  | 11:33 | 1.4  | 11:49 | 1.6  | 7:08                                                                                | 4:29 | ◕                                                                                   |
| 11   | Sun | 6:04  | 8.2  | 6:34  | 7.2  |       |      | 12:27 | 1.3  | 7:08                                                                                | 4:31 | ◖                                                                                   |
| 12   | Mon | 6:56  | 8.4  | 7:29  | 7.3  | 12:40 | 1.6  | 1:20  | 1.1  | 7:08                                                                                | 4:32 | ◗                                                                                   |
| 13   | Tue | 7:46  | 8.7  | 8:20  | 7.6  | 1:31  | 1.5  | 2:11  | 0.8  | 7:07                                                                                | 4:33 | ◘                                                                                   |
| 14   | Wed | 8:35  | 9.0  | 9:10  | 7.9  | 2:21  | 1.3  | 3:00  | 0.3  | 7:07                                                                                | 4:34 | ◙                                                                                   |
| 15   | Thu | 9:23  | 9.4  | 9:58  | 8.3  | 3:10  | 0.9  | 3:48  | -0.1 | 7:07                                                                                | 4:35 | ◚                                                                                   |
| 16   | Fri | 10:11 | 9.9  | 10:44 | 8.7  | 3:58  | 0.6  | 4:35  | -0.5 | 7:06                                                                                | 4:36 | ◛                                                                                   |
| 17   | Sat | 10:57 | 10.2 | 11:30 | 9.1  | 4:46  | 0.2  | 5:21  | -0.9 | 7:06                                                                                | 4:37 | ◜                                                                                   |
| 18   | Sun | 11:44 | 10.4 |       |      | 5:34  | -0.1 | 6:07  | -1.1 | 7:05                                                                                | 4:38 | ◝                                                                                   |
| 19   | Mon | 12:16 | 9.5  | 12:32 | 10.4 | 6:23  | -0.4 | 6:53  | -1.2 | 7:05                                                                                | 4:40 | ◞                                                                                   |
| 20   | Tue | 1:04  | 9.8  | 1:21  | 10.3 | 7:13  | -0.6 | 7:41  | -1.1 | 7:04                                                                                | 4:41 | ◟                                                                                   |
| 21   | Wed | 1:52  | 9.9  | 2:13  | 10.0 | 8:05  | -0.6 | 8:31  | -0.9 | 7:03                                                                                | 4:42 | ◠                                                                                   |
| 22   | Thu | 2:44  | 10.0 | 3:08  | 9.6  | 8:59  | -0.5 | 9:23  | -0.6 | 7:03                                                                                | 4:43 | ◡                                                                                   |
| 23   | Fri | 3:38  | 10.0 | 4:05  | 9.1  | 9:56  | -0.4 | 10:17 | -0.2 | 7:02                                                                                | 4:45 | ◢                                                                                   |
| 24   | Sat | 4:34  | 9.9  | 5:05  | 8.7  | 10:55 | -0.2 | 11:14 | 0.2  | 7:01                                                                                | 4:46 | ◣                                                                                   |
| 25   | Sun | 5:33  | 9.7  | 6:09  | 8.4  | 11:57 | -0.1 |       |      | 7:01                                                                                | 4:47 | ◤                                                                                   |
| 26   | Mon | 6:35  | 9.7  | 7:14  | 8.3  | 12:13 | 0.4  | 12:59 | -0.1 | 7:00                                                                                | 4:48 | ◥                                                                                   |
| 27   | Tue | 7:36  | 9.7  | 8:16  | 8.3  | 1:14  | 0.5  | 1:59  | -0.1 | 6:59                                                                                | 4:49 | ◦                                                                                   |
| 28   | Wed | 8:35  | 9.8  | 9:13  | 8.5  | 2:12  | 0.5  | 2:56  | -0.3 | 6:58                                                                                | 4:51 | ◐                                                                                   |
| 29   | Thu | 9:29  | 9.8  | 10:06 | 8.6  | 3:07  | 0.4  | 3:48  | -0.4 | 6:57                                                                                | 4:52 | ◑                                                                                   |
| 30   | Fri | 10:19 | 9.9  | 10:53 | 8.8  | 3:59  | 0.4  | 4:36  | -0.4 | 6:56                                                                                | 4:53 | ◒                                                                                   |
| 31   | Sat | 11:06 | 9.8  | 11:36 | 8.9  | 4:48  | 0.3  | 5:21  | -0.4 | 6:55                                                                                | 4:55 | ◓                                                                                   |