

Cape Cod Canal, East (Sandwich), MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:39	9.5	4:07	9.9	9:54	-0.5	10:26	-0.4	5:36	8:00	
2	Mon	4:34	9.2	5:02	9.9	10:47	-0.2	11:23	-0.3	5:37	7:59	
3	Tue	5:32	8.8	5:59	9.8	11:42	0.1			5:38	7:57	
4	Wed	6:34	8.5	7:00	9.8	12:23	-0.2	12:41	0.3	5:39	7:56	
5	Thu	7:37	8.4	8:01	9.8	1:25	-0.2	1:41	0.4	5:40	7:55	
6	Fri	8:41	8.4	9:02	9.9	2:26	-0.2	2:41	0.4	5:41	7:54	
7	Sat	9:41	8.6	9:59	10.0	3:24	-0.4	3:38	0.3	5:42	7:52	
8	Sun	10:36	8.8	10:53	10.0	4:19	-0.5	4:33	0.1	5:43	7:51	
9	Mon	11:27	9.0	11:43	10.0	5:10	-0.6	5:24	0.0	5:44	7:50	
10	Tue			12:14	9.1	5:58	-0.6	6:13	0.0	5:45	7:49	
11	Wed	12:29	9.9	12:57	9.2	6:43	-0.5	6:59	0.0	5:46	7:47	
12	Thu	1:13	9.6	1:39	9.1	7:26	-0.3	7:44	0.1	5:47	7:46	
13	Fri	1:55	9.3	2:20	9.0	8:07	0.0	8:28	0.3	5:48	7:44	
14	Sat	2:38	8.9	3:01	8.8	8:49	0.3	9:12	0.6	5:49	7:43	
15	Sun	3:21	8.4	3:43	8.6	9:32	0.7	9:58	0.9	5:50	7:42	
16	Mon	4:06	8.0	4:28	8.4	10:16	1.1	10:46	1.1	5:51	7:40	
17	Tue	4:53	7.6	5:14	8.2	11:02	1.5	11:36	1.3	5:52	7:39	
18	Wed	5:43	7.3	6:04	8.1	11:51	1.7			5:53	7:37	
19	Thu	6:36	7.2	6:57	8.1	12:29	1.4	12:43	1.8	5:54	7:36	
20	Fri	7:31	7.2	7:51	8.3	1:23	1.3	1:37	1.7	5:55	7:34	
21	Sat	8:26	7.4	8:44	8.7	2:17	1.1	2:30	1.5	5:56	7:33	
22	Sun	9:18	7.8	9:35	9.1	3:08	0.7	3:21	1.1	5:57	7:31	
23	Mon	10:07	8.3	10:24	9.5	3:57	0.2	4:11	0.6	5:58	7:30	
24	Tue	10:54	8.8	11:12	9.9	4:45	-0.2	5:00	0.0	5:59	7:28	
25	Wed	11:41	9.4			5:31	-0.6	5:49	-0.5	6:00	7:26	
26	Thu	12:00	10.2	12:27	9.9	6:18	-1.0	6:38	-0.9	6:01	7:25	
27	Fri	12:48	10.4	1:13	10.3	7:04	-1.1	7:28	-1.1	6:03	7:23	
28	Sat	1:37	10.3	2:01	10.5	7:51	-1.1	8:19	-1.2	6:04	7:22	
29	Sun	2:28	10.1	2:52	10.5	8:40	-0.9	9:11	-1.1	6:05	7:20	
30	Mon	3:21	9.7	3:45	10.4	9:32	-0.6	10:07	-0.9	6:06	7:18	
31	Tue	4:17	9.2	4:41	10.1	10:26	-0.2	11:05	-0.5	6:07	7:17	