

































## Cape Cod Canal, East (Sandwich), MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:05	10.2	10:42	8.8	3:46	0.2	4:26	-0.7	7:09	4:21	
2	Wed	10:53	10.1	11:28	8.8	4:36	0.3	5:13	-0.7	7:09	4:22	
3	Thu	11:38	9.9			5:23	0.4	5:58	-0.6	7:09	4:23	
4	Fri	12:13	8.7	12:21	9.7	6:08	0.5	6:41	-0.4	7:09	4:24	
5	Sat	12:55	8.5	1:04	9.4	6:53	0.7	7:24	-0.1	7:09	4:25	
6	Sun	1:38	8.4	1:47	9.0	7:38	0.9	8:07	0.2	7:09	4:25	
7	Mon	2:21	8.2	2:32	8.6	8:24	1.2	8:51	0.5	7:09	4:26	
8	Tue	3:05	8.1	3:18	8.2	9:11	1.4	9:36	0.9	7:09	4:27	
9	Wed	3:50	8.0	4:06	7.9	10:00	1.5	10:23	1.1	7:08	4:28	
10	Thu	4:36	7.9	4:56	7.6	10:51	1.6	11:11	1.4	7:08	4:30	
11	Fri	5:24	8.0	5:48	7.4	11:43	1.5			7:08	4:31	
12	Sat	6:14	8.2	6:43	7.4	12:01	1.5	12:37	1.3	7:08	4:32	
13	Sun	7:05	8.5	7:37	7.6	12:51	1.4	1:29	0.9	7:07	4:33	
14	Mon	7:56	8.9	8:29	7.9	1:42	1.3	2:20	0.5	7:07	4:34	
15	Tue	8:45	9.4	9:20	8.3	2:32	1.0	3:10	0.0	7:07	4:35	
16	Wed	9:34	9.8	10:09	8.7	3:22	0.6	4:00	-0.6	7:06	4:36	
17	Thu	10:23	10.3	10:58	9.1	4:11	0.2	4:49	-1.0	7:06	4:37	
18	Fri	11:12	10.6	11:47	9.5	5:01	-0.1	5:37	-1.4	7:05	4:38	
19	Sat			12:02	10.8	5:51	-0.4	6:26	-1.5	7:05	4:40	
20	Sun	12:36	9.7	12:52	10.8	6:42	-0.6	7:15	-1.6	7:04	4:41	
21	Mon	1:26	9.9	1:44	10.6	7:34	-0.7	8:05	-1.4	7:03	4:42	
22	Tue	2:18	10.0	2:39	10.2	8:29	-0.6	8:57	-1.0	7:03	4:43	
23	Wed	3:12	9.9	3:36	9.7	9:26	-0.4	9:51	-0.6	7:02	4:45	
24	Thu	4:08	9.8	4:35	9.1	10:24	-0.3	10:47	-0.2	7:01	4:46	
25	Fri	5:06	9.7	5:37	8.7	11:25	-0.1	11:44	0.2	7:01	4:47	
26	Sat	6:06	9.6	6:41	8.4			12:26	0.0	7:00	4:48	
27	Sun	7:06	9.5	7:44	8.3	12:43	0.5	1:27	0.0	6:59	4:50	
28	Mon	8:05	9.5	8:43	8.3	1:41	0.6	2:25	0.0	6:58	4:51	
29	Tue	8:59	9.6	9:37	8.3	2:36	0.7	3:18	-0.1	6:57	4:52	
30	Wed	9:49	9.6	10:25	8.4	3:28	0.7	4:07	-0.2	6:56	4:53	
31	Thu	10:35	9.6	11:09	8.5	4:16	0.6	4:53	-0.2	6:55	4:55	