



Cape Cod Canal, East (Sandwich), MA - Dec 1989

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 12:44 | 7.8 | 12:48 | 9.1 | 6:42 | 1.4 | 7:18 | 0.2 | 6:49 | 4:12 | ☀ |
| 2 | Sat | 1:27 | 7.8 | 1:32 | 9.0 | 7:26 | 1.5 | 8:03 | 0.3 | 6:50 | 4:12 | ☾ |
| 3 | Sun | 2:12 | 7.8 | 2:18 | 8.8 | 8:13 | 1.5 | 8:49 | 0.4 | 6:52 | 4:11 | ☾ |
| 4 | Mon | 2:59 | 7.9 | 3:09 | 8.7 | 9:04 | 1.5 | 9:38 | 0.5 | 6:53 | 4:11 | ☾ |
| 5 | Tue | 3:49 | 8.1 | 4:03 | 8.5 | 9:59 | 1.3 | 10:28 | 0.5 | 6:53 | 4:11 | ☾ |
| 6 | Wed | 4:41 | 8.4 | 5:01 | 8.4 | 10:56 | 1.0 | 11:21 | 0.5 | 6:54 | 4:11 | ☾ |
| 7 | Thu | 5:35 | 8.9 | 6:02 | 8.4 | 11:55 | 0.6 | | | 6:55 | 4:11 | ☾ |
| 8 | Fri | 6:31 | 9.4 | 7:03 | 8.5 | 12:16 | 0.4 | 12:54 | 0.1 | 6:56 | 4:11 | ☾ |
| 9 | Sat | 7:27 | 9.9 | 8:03 | 8.7 | 1:11 | 0.3 | 1:53 | -0.5 | 6:57 | 4:11 | ☾ |
| 10 | Sun | 8:22 | 10.4 | 9:01 | 8.9 | 2:06 | 0.2 | 2:49 | -1.0 | 6:58 | 4:11 | ☾ |
| 11 | Mon | 9:17 | 10.8 | 9:57 | 9.1 | 3:00 | 0.0 | 3:44 | -1.4 | 6:59 | 4:11 | ☾ |
| 12 | Tue | 10:11 | 11.0 | 10:52 | 9.2 | 3:54 | -0.1 | 4:39 | -1.6 | 7:00 | 4:11 | ☾ |
| 13 | Wed | 11:04 | 11.0 | 11:45 | 9.2 | 4:48 | -0.2 | 5:32 | -1.6 | 7:00 | 4:11 | ☾ |
| 14 | Thu | 11:57 | 10.9 | | | 5:41 | -0.1 | 6:23 | -1.4 | 7:01 | 4:11 | ☾ |
| 15 | Fri | 12:37 | 9.1 | 12:49 | 10.5 | 6:34 | 0.0 | 7:14 | -1.1 | 7:02 | 4:12 | ☾ |
| 16 | Sat | 1:29 | 8.9 | 1:41 | 10.0 | 7:27 | 0.3 | 8:04 | -0.6 | 7:03 | 4:12 | ☾ |
| 17 | Sun | 2:21 | 8.7 | 2:33 | 9.4 | 8:20 | 0.7 | 8:54 | -0.1 | 7:03 | 4:12 | ☾ |
| 18 | Mon | 3:13 | 8.5 | 3:26 | 8.8 | 9:14 | 1.0 | 9:44 | 0.4 | 7:04 | 4:13 | ☾ |
| 19 | Tue | 4:04 | 8.3 | 4:20 | 8.2 | 10:08 | 1.3 | 10:33 | 0.9 | 7:04 | 4:13 | ☾ |
| 20 | Wed | 4:54 | 8.2 | 5:14 | 7.7 | 11:03 | 1.4 | 11:22 | 1.3 | 7:05 | 4:14 | ☾ |
| 21 | Thu | 5:44 | 8.1 | 6:09 | 7.4 | 11:57 | 1.5 | | | 7:06 | 4:14 | ☾ |
| 22 | Fri | 6:34 | 8.1 | 7:04 | 7.2 | 12:12 | 1.6 | 12:51 | 1.4 | 7:06 | 4:15 | ☾ |
| 23 | Sat | 7:22 | 8.2 | 7:57 | 7.2 | 1:01 | 1.7 | 1:42 | 1.2 | 7:06 | 4:15 | ☾ |
| 24 | Sun | 8:08 | 8.4 | 8:45 | 7.3 | 1:50 | 1.8 | 2:31 | 1.0 | 7:07 | 4:16 | ☾ |
| 25 | Mon | 8:53 | 8.6 | 9:31 | 7.4 | 2:36 | 1.7 | 3:17 | 0.7 | 7:07 | 4:16 | ☾ |
| 26 | Tue | 9:37 | 8.9 | 10:15 | 7.6 | 3:22 | 1.6 | 4:03 | 0.5 | 7:08 | 4:17 | ☾ |
| 27 | Wed | 10:21 | 9.1 | 10:58 | 7.8 | 4:08 | 1.4 | 4:47 | 0.2 | 7:08 | 4:18 | ☾ |
| 28 | Thu | 11:03 | 9.3 | 11:40 | 7.9 | 4:52 | 1.3 | 5:30 | 0.0 | 7:08 | 4:18 | ☾ |
| 29 | Fri | 11:46 | 9.4 | | | 5:36 | 1.2 | 6:13 | -0.1 | 7:08 | 4:19 | ☾ |
| 30 | Sat | 12:22 | 8.1 | 12:28 | 9.5 | 6:20 | 1.0 | 6:56 | -0.2 | 7:09 | 4:20 | ☾ |
| 31 | Sun | 1:04 | 8.3 | 1:12 | 9.4 | 7:06 | 0.9 | 7:36 | -0.2 | 7:09 | 4:21 | ☾ |