

































Cape Cod Canal, East (Sandwich), MA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:45	8.5	1:56	9.3	7:51	0.7	8:21	-0.1	7:09	4:21	
2	Tue	2:31	8.7	2:46	9.1	8:41	0.6	9:08	0.0	7:09	4:22	
3	Wed	3:19	8.9	3:39	8.8	9:34	0.5	9:57	0.2	7:09	4:23	
4	Thu	4:10	9.2	4:36	8.5	10:31	0.4	10:50	0.4	7:09	4:24	
5	Fri	5:05	9.4	5:36	8.2	11:30	0.2	11:46	0.6	7:09	4:25	
6	Sat	6:02	9.6	6:40	8.1			12:31	0.0	7:09	4:26	
7	Sun	7:02	9.8	7:44	8.2	12:44	0.6	1:32	-0.3	7:09	4:27	
8	Mon	8:03	10.1	8:45	8.4	1:43	0.6	2:31	-0.6	7:09	4:28	
9	Tue	9:01	10.3	9:43	8.6	2:41	0.4	3:29	-0.8	7:08	4:29	
10	Wed	9:57	10.5	10:38	8.8	3:38	0.2	4:23	-1.0	7:08	4:30	
11	Thu	10:51	10.6	11:30	9.0	4:33	0.1	5:15	-1.1	7:08	4:31	
12	Fri	11:42	10.4			5:26	0.0	6:04	-1.0	7:08	4:32	
13	Sat	12:19	9.1	12:31	10.2	6:17	0.0	6:51	-0.8	7:07	4:33	
14	Sun	1:06	9.1	1:19	9.7	7:06	0.2	7:36	-0.4	7:07	4:35	
15	Mon	1:51	8.9	2:06	9.2	7:54	0.4	8:20	0.0	7:06	4:36	
16	Tue	2:36	8.8	2:53	8.6	8:42	0.7	9:05	0.5	7:06	4:37	
17	Wed	3:21	8.5	3:41	8.0	9:31	1.0	9:50	1.0	7:05	4:38	
18	Thu	4:07	8.3	4:30	7.5	10:22	1.2	10:37	1.5	7:05	4:39	
19	Fri	4:53	8.2	5:22	7.2	11:13	1.4	11:25	1.8	7:04	4:40	
20	Sat	5:43	8.1	6:17	6.9			12:07	1.5	7:04	4:42	
21	Sun	6:35	8.1	7:13	6.9	12:17	2.0	1:01	1.4	7:03	4:43	
22	Mon	7:27	8.3	8:06	7.0	1:09	2.0	1:54	1.2	7:02	4:44	
23	Tue	8:18	8.5	8:56	7.2	2:00	1.9	2:44	0.9	7:02	4:45	
24	Wed	9:06	8.9	9:43	7.6	2:50	1.6	3:32	0.5	7:01	4:46	
25	Thu	9:53	9.2	10:28	8.0	3:38	1.3	4:18	0.2	7:00	4:48	
26	Fri	10:38	9.5	11:11	8.4	4:25	1.0	5:02	-0.2	6:59	4:49	
27	Sat	11:22	9.8	11:53	8.8	5:11	0.6	5:45	-0.4	6:58	4:50	
28	Sun			12:06	9.9	5:57	0.3	6:27	-0.6	6:58	4:51	
29	Mon	12:36	9.1	12:50	9.8	6:43	0.0	7:10	-0.6	6:57	4:53	
30	Tue	1:19	9.4	1:37	9.6	7:30	-0.1	7:55	-0.5	6:56	4:54	
31	Wed	2:05	9.6	2:27	9.3	8:21	-0.2	8:42	-0.2	6:55	4:55	