

































## Cape Cod Canal, East (Sandwich), MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:40	10.3	2:10	9.4	8:01	-1.0	8:18	-0.3	6:16	5:32	
2	Fri	2:30	10.2	3:04	8.9	8:55	-0.7	9:10	0.2	6:15	5:33	
3	Sat	3:25	10.0	4:02	8.4	9:52	-0.4	10:07	0.6	6:13	5:34	
4	Sun	4:23	9.7	5:04	8.0	10:52	-0.1	11:07	0.9	6:11	5:35	
5	Mon	5:26	9.4	6:11	7.8	11:56	0.2			6:10	5:36	
6	Tue	6:33	9.2	7:19	7.9	12:11	1.1	1:01	0.3	6:08	5:37	
7	Wed	7:39	9.2	8:23	8.1	1:16	1.1	2:02	0.2	6:07	5:39	
8	Thu	8:40	9.3	9:18	8.4	2:17	0.9	2:58	0.1	6:05	5:40	
9	Fri	9:35	9.4	10:07	8.8	3:13	0.6	3:48	0.0	6:03	5:41	
10	Sat	10:23	9.4	10:50	9.0	4:04	0.3	4:33	-0.1	6:02	5:42	
11	Sun	11:07	9.4	11:29	9.2	4:51	0.1	5:15	0.0	6:00	5:43	
12	Mon	11:48	9.2			5:34	0.0	5:54	0.1	5:58	5:44	
13	Tue	12:07	9.2	12:28	8.9	6:16	0.0	6:33	0.4	5:57	5:45	
14	Wed	12:43	9.1	1:07	8.6	6:57	0.1	7:12	0.7	5:55	5:47	
15	Thu	1:21	8.9	1:47	8.2	7:38	0.3	7:52	1.1	5:53	5:48	
16	Fri	2:00	8.7	2:29	7.8	8:21	0.6	8:34	1.4	5:52	5:49	
17	Sat	2:41	8.4	3:14	7.4	9:06	0.9	9:18	1.8	5:50	5:50	
18	Sun	3:27	8.2	4:02	7.1	9:55	1.2	10:06	2.1	5:48	5:51	
19	Mon	4:16	8.0	4:54	6.9	10:47	1.4	10:59	2.2	5:46	5:52	
20	Tue	5:10	7.9	5:50	6.9	11:42	1.5	11:55	2.1	5:45	5:53	
21	Wed	6:07	8.0	6:48	7.1			12:38	1.3	5:43	5:54	
22	Thu	7:05	8.3	7:43	7.5	12:52	1.9	1:32	1.0	5:41	5:56	
23	Fri	8:00	8.7	8:33	8.2	1:47	1.4	2:22	0.6	5:40	5:57	
24	Sat	8:52	9.1	9:21	8.9	2:40	0.7	3:10	0.1	5:38	5:58	
25	Sun	9:43	9.6	10:07	9.6	3:30	0.1	3:57	-0.3	5:36	5:59	
26	Mon	10:32	9.9	10:53	10.2	4:21	-0.6	4:44	-0.6	5:34	6:00	
27	Tue	11:21	10.0	11:40	10.7	5:10	-1.2	5:30	-0.8	5:33	6:01	
28	Wed			12:10	10.0	6:00	-1.5	6:17	-0.8	5:31	6:02	
29	Thu	12:27	10.9	1:01	9.8	6:50	-1.6	7:06	-0.6	5:29	6:03	
30	Fri	1:17	10.8	1:53	9.4	7:42	-1.4	7:57	-0.2	5:28	6:04	
31	Sat	2:10	10.5	2:49	8.9	8:37	-1.1	8:52	0.2	5:26	6:05	