US HARBORS www.USHarbors.com

Cape Cod Canal, East (Sandwich), MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:19	8.7	4:55	8.4	10:35	0.4	11:00	1.2	5:11	8:20	
2	Wed	5:11	8.2	5:43	8.3	11:23	0.9	11:53	1.3	5:11	8:20	
3	Thu	6:03	7.7	6:31	8.2			12:10	1.3	5:12	8:20	
4	Fri	6:57	7.4	7:19	8.2	12:46	1.4	12:59	1.6	5:12	8:20	
5	Sat	7:51	7.2	8:08	8.2	1:39	1.4	1:48	1.8	5:13	8:19	
6	Sun	8:43	7.1	8:55	8.4	2:30	1.2	2:37	1.9	5:14	8:19	
7	Mon	9:33	7.2	9:42	8.6	3:20	1.0	3:25	1.8	5:14	8:19	
8	Tue	10:21	7.3	10:27	8.8	4:07	0.8	4:12	1.7	5:15	8:18	
9	Wed	11:06	7.5	11:12	9.1	4:54	0.5	4:58	1.5	5:16	8:18	
10	Thu	11:50	7.7	11:56	9.3	5:39	0.3	5:44	1.3	5:17	8:17	
11	Fri			12:33	7.9	6:23	0.1	6:29	1.1	5:17	8:17	
12	Sat	12:39	9.4	1:15	8.1	7:06	-0.1	7:14	1.0	5:18	8:17	
13	Sun	1:22	9.5	1:58	8.4	7:49	-0.2	8:00	0.8	5:19	8:16	
14	Mon	2:07	9.5	2:41	8.6	8:32	-0.2	8:47	0.7	5:20	8:15	
15	Tue	2:53	9.3	3:27	8.9	9:16	-0.2	9:37	0.5	5:20	8:15	
16	Wed	3:43	9.1	4:15	9.1	10:03	0.0	10:30	0.4	5:21	8:14	
17	Thu	4:36	8.8	5:05	9.3	10:52	0.2	11:26	0.3	5:22	8:13	
18	Fri	5:32	8.5	5:59	9.5	11:44	0.4			5:23	8:13	
19	Sat	6:32	8.2	6:56	9.6	12:25	0.1	12:39	0.6	5:24	8:12	
20	Sun	7:35	8.1	7:56	9.8	1:25	0.0	1:37	0.7	5:25	8:11	
21	Mon	8:38	8.1	8:56	10.0	2:26	-0.2	2:37	0.7	5:26	8:10	
22	Tue	9:39	8.2	9:55	10.2	3:26	-0.4	3:35	0.6	5:27	8:10	
23	Wed	10:38	8.4	10:52	10.3	4:23	-0.6	4:32	0.4	5:27	8:09	
24	Thu	11:33	8.6	11:46	10.4	5:18	-0.8	5:27	0.3	5:28	8:08	
25	Fri			12:25	8.8	6:10	-0.8	6:20	0.2	5:29	8:07	
26	Sat	12:37	10.2	1:13	8.9	6:59	-0.8	7:11	0.2	5:30	8:06	
27	Sun	1:26	10.0	1:59	8.9	7:45	-0.6	7:59	0.3	5:31	8:05	
28	Mon	2:13	9.6	2:44	8.8	8:29	-0.2	8:47	0.5	5:32	8:04	
29	Tue	2:59	9.1	3:28	8.7	9:13	0.2	9:35	0.8	5:33	8:03	
30	Wed	3:45	8.5	4:12	8.5	9:57	0.7	10:23	1.0	5:34	8:02	
31	Thu	4:33	8.0	4:56	8.3	10:41	1.1	11:12	1.2	5:35	8:01	