

































Cape Cod Canal, East (Sandwich), MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:39	10.4	9:21	8.6	2:21	0.4	3:09	-0.9	7:09	4:22	
2	Fri	9:36	10.7	10:18	8.9	3:18	0.2	4:05	-1.3	7:09	4:22	
3	Sat	10:32	10.9	11:13	9.2	4:15	-0.1	5:00	-1.4	7:09	4:23	
4	Sun	11:27	11.0			5:10	-0.2	5:52	-1.5	7:09	4:24	
5	Mon	12:06	9.3	12:20	10.8	6:04	-0.3	6:43	-1.3	7:09	4:25	
6	Tue	12:58	9.3	1:12	10.4	6:57	-0.2	7:33	-1.0	7:09	4:26	
7	Wed	1:49	9.3	2:04	9.8	7:50	0.1	8:21	-0.5	7:09	4:27	
8	Thu	2:39	9.1	2:56	9.2	8:43	0.4	9:10	0.0	7:08	4:28	
9	Fri	3:29	8.9	3:48	8.5	9:36	0.7	9:58	0.6	7:08	4:29	
10	Sat	4:18	8.7	4:41	7.9	10:30	1.0	10:47	1.1	7:08	4:30	
11	Sun	5:08	8.5	5:36	7.4	11:24	1.2	11:37	1.5	7:08	4:31	
12	Mon	5:58	8.3	6:32	7.1			12:19	1.3	7:07	4:32	
13	Tue	6:49	8.3	7:28	7.0	12:28	1.8	1:13	1.3	7:07	4:34	
14	Wed	7:40	8.3	8:20	7.1	1:19	1.9	2:04	1.2	7:07	4:35	
15	Thu	8:29	8.5	9:08	7.2	2:09	1.9	2:53	1.0	7:06	4:36	
16	Fri	9:15	8.7	9:53	7.4	2:57	1.7	3:40	0.7	7:06	4:37	
17	Sat	9:59	9.0	10:36	7.6	3:43	1.5	4:24	0.4	7:05	4:38	
18	Sun	10:42	9.2	11:17	7.9	4:28	1.3	5:07	0.2	7:05	4:39	
19	Mon	11:24	9.3	11:57	8.1	5:12	1.1	5:48	0.0	7:04	4:41	
20	Tue			12:05	9.4	5:56	0.9	6:28	-0.1	7:03	4:42	
21	Wed	12:37	8.4	12:46	9.4	6:39	0.8	7:09	-0.1	7:03	4:43	
22	Thu	1:17	8.6	1:29	9.2	7:23	0.6	7:50	0.0	7:02	4:44	
23	Fri	1:58	8.8	2:14	9.0	8:10	0.5	8:33	0.2	7:01	4:45	
24	Sat	2:43	9.0	3:03	8.7	8:59	0.5	9:19	0.4	7:01	4:47	
25	Sun	3:30	9.1	3:57	8.4	9:52	0.4	10:09	0.6	7:00	4:48	
26	Mon	4:22	9.3	4:54	8.1	10:49	0.3	11:03	0.8	6:59	4:49	
27	Tue	5:18	9.4	5:57	7.9	11:49	0.2			6:58	4:50	
28	Wed	6:19	9.5	7:02	7.9	12:02	0.9	12:52	0.1	6:57	4:52	
29	Thu	7:23	9.8	8:07	8.1	1:04	0.9	1:54	-0.2	6:56	4:53	
30	Fri	8:25	10.0	9:08	8.4	2:05	0.7	2:54	-0.5	6:55	4:54	
31	Sat	9:24	10.3	10:05	8.8	3:04	0.4	3:50	-0.8	6:54	4:56	