US HARBORS www.USHarbors.com

Cape Cod Canal, East (Sandwich), MA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:30	8.0	6:19	0.2	6:27	1.1	5:11	8:20	
2	Tue	12:38	9.2	1:11	8.1	7:01	0.0	7:10	1.0	5:11	8:20	
3	Wed	1:18	9.2	1:51	8.3	7:42	0.0	7:53	1.0	5:12	8:20	
4	Thu	1:59	9.1	2:32	8.4	8:23	0.0	8:38	0.9	5:12	8:20	
5	Fri	2:42	9.0	3:14	8.5	9:05	0.1	9:24	0.9	5:13	8:19	
6	Sat	3:27	8.8	3:59	8.7	9:49	0.3	10:13	0.8	5:14	8:19	
7	Sun	4:16	8.6	4:46	8.9	10:35	0.4	11:05	0.6	5:14	8:19	
8	Mon	5:08	8.4	5:37	9.1	11:24	0.5			5:15	8:18	
9	Tue	6:05	8.3	6:31	9.4	12:01	0.4	12:17	0.6	5:16	8:18	
10	Wed	7:05	8.2	7:29	9.7	12:59	0.2	1:14	0.5	5:16	8:18	
11	Thu	8:07	8.3	8:29	10.1	1:59	-0.2	2:12	0.4	5:17	8:17	
12	Fri	9:08	8.6	9:28	10.5	2:58	-0.6	3:10	0.2	5:18	8:17	
13	Sat	10:08	8.9	10:26	10.8	3:56	-1.0	4:08	-0.1	5:19	8:16	
14	Sun	11:05	9.2	11:22	11.0	4:52	-1.3	5:05	-0.4	5:19	8:16	
15	Mon			12:00	9.5	5:46	-1.5	6:00	-0.6	5:20	8:15	
16	Tue	12:17	11.0	12:53	9.7	6:38	-1.5	6:54	-0.6	5:21	8:14	
17	Wed	1:09	10.8	1:43	9.8	7:29	-1.4	7:47	-0.5	5:22	8:14	
18	Thu	2:01	10.4	2:33	9.7	8:17	-1.1	8:38	-0.3	5:23	8:13	
19	Fri	2:51	9.8	3:23	9.5	9:06	-0.6	9:30	0.0	5:24	8:12	
20	Sat	3:43	9.2	4:12	9.2	9:54	-0.1	10:22	0.4	5:25	8:11	
21	Sun	4:34	8.6	5:01	8.9	10:42	0.5	11:14	0.7	5:25	8:11	
22	Mon	5:26	8.0	5:51	8.6	11:31	1.0			5:26	8:10	
23	Tue	6:19	7.5	6:42	8.4	12:07	1.0	12:21	1.4	5:27	8:09	
24	Wed	7:14	7.3	7:34	8.3	1:01	1.2	1:12	1.7	5:28	8:08	
25	Thu	8:09	7.1	8:25	8.4	1:55	1.2	2:04	1.7	5:29	8:07	
26	Fri	9:02	7.2	9:15	8.5	2:47	1.1	2:55	1.7	5:30	8:06	
27	Sat	9:51	7.4	10:02	8.8	3:37	0.9	3:43	1.5	5:31	8:05	
28	Sun	10:36	7.6	10:47	9.0	4:23	0.7	4:30	1.3	5:32	8:04	
29	Mon	11:19	7.9	11:30	9.2	5:08	0.4	5:16	1.0	5:33	8:03	
30	Tue			12:01	8.2	5:51	0.1	6:01	0.8	5:34	8:02	
31	Wed	12:12	9.4	12:41	8.5	6:32	-0.1	6:45	0.5	5:35	8:01	