

































## Cape Cod Canal, East (Sandwich), MA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:55	9.6	7:29	8.6	12:40	0.4	1:20	-0.2	7:09	4:22	
2	Tue	7:52	10.1	8:29	8.8	1:36	0.2	2:18	-0.7	7:09	4:23	
3	Wed	8:48	10.6	9:27	9.1	2:32	0.0	3:14	-1.2	7:09	4:24	
4	Thu	9:43	10.9	10:23	9.3	3:27	-0.2	4:10	-1.5	7:09	4:25	
5	Fri	10:38	11.1	11:18	9.5	4:22	-0.4	5:04	-1.7	7:09	4:26	
6	Sat	11:32	11.1			5:16	-0.5	5:57	-1.7	7:09	4:27	
7	Sun	12:11	9.5	12:24	10.9	6:10	-0.4	6:48	-1.5	7:08	4:28	
8	Mon	1:03	9.4	1:17	10.5	7:02	-0.3	7:38	-1.1	7:08	4:29	
9	Tue	1:54	9.3	2:09	9.9	7:55	0.0	8:28	-0.7	7:08	4:30	
10	Wed	2:46	9.0	3:02	9.3	8:49	0.4	9:18	-0.1	7:08	4:31	
11	Thu	3:38	8.8	3:55	8.7	9:42	0.8	10:08	0.4	7:07	4:32	
12	Fri	4:28	8.5	4:49	8.1	10:37	1.0	10:58	0.9	7:07	4:33	
13	Sat	5:19	8.4	5:44	7.7	11:31	1.2	11:48	1.3	7:07	4:34	
14	Sun	6:10	8.3	6:40	7.4			12:26	1.3	7:06	4:35	
15	Mon	7:01	8.3	7:34	7.3	12:39	1.5	1:19	1.2	7:06	4:36	
16	Tue	7:50	8.4	8:25	7.4	1:29	1.6	2:10	1.0	7:05	4:38	
17	Wed	8:36	8.6	9:12	7.5	2:17	1.6	2:57	0.8	7:05	4:39	
18	Thu	9:21	8.8	9:56	7.7	3:04	1.5	3:43	0.5	7:04	4:40	
19	Fri	10:04	9.1	10:39	7.9	3:50	1.3	4:27	0.3	7:04	4:41	
20	Sat	10:47	9.3	11:21	8.1	4:34	1.1	5:10	0.0	7:03	4:42	
21	Sun	11:28	9.4			5:18	1.0	5:52	-0.1	7:02	4:44	
22	Mon	12:01	8.3	12:10	9.5	6:01	0.8	6:34	-0.2	7:02	4:45	
23	Tue	12:42	8.4	12:52	9.5	6:45	0.7	7:16	-0.2	7:01	4:46	
24	Wed	1:24	8.6	1:35	9.4	7:30	0.6	7:59	-0.2	7:00	4:47	
25	Thu	2:07	8.8	2:22	9.2	8:17	0.6	8:44	0.0	6:59	4:49	
26	Fri	2:53	8.9	3:12	8.9	9:07	0.5	9:31	0.2	6:58	4:50	
27	Sat	3:42	9.1	4:06	8.7	10:01	0.4	10:22	0.4	6:58	4:51	
28	Sun	4:35	9.2	5:04	8.4	10:58	0.3	11:17	0.5	6:57	4:52	
29	Mon	5:31	9.4	6:06	8.3	11:58	0.1			6:56	4:54	
30	Tue	6:31	9.6	7:10	8.3	12:15	0.6	12:59	-0.1	6:55	4:55	
31	Wed	7:32	9.9	8:13	8.5	1:14	0.5	2:00	-0.5	6:54	4:56	