

Cape Cod Canal, Sagamore, MA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:44	7.6	5:09	6.9	11:17	1.4	11:33	1.4	7:09	4:21	
2	Fri	5:35	7.8	6:07	6.9			12:12	1.1	7:09	4:22	
3	Sat	6:28	8.1	7:06	6.9	12:25	1.5	1:08	0.8	7:09	4:23	
4	Sun	7:22	8.4	8:03	7.1	1:18	1.4	2:03	0.4	7:09	4:24	
5	Mon	8:15	8.9	8:57	7.3	2:11	1.2	2:56	-0.1	7:09	4:25	
6	Tue	9:09	9.3	9:51	7.6	3:03	0.9	3:48	-0.5	7:09	4:26	
7	Wed	10:02	9.7	10:44	8.0	3:56	0.6	4:39	-0.9	7:09	4:27	
8	Thu	10:55	9.9	11:36	8.3	4:48	0.2	5:30	-1.1	7:09	4:28	
9	Fri	11:48	10.0			5:41	-0.1	6:20	-1.3	7:09	4:29	
10	Sat	12:27	8.6	12:41	9.9	6:34	-0.3	7:10	-1.2	7:08	4:30	
11	Sun	1:18	8.9	1:35	9.6	7:29	-0.3	8:01	-1.0	7:08	4:31	
12	Mon	2:11	9.0	2:30	9.1	8:25	-0.3	8:53	-0.7	7:08	4:32	
13	Tue	3:05	9.0	3:28	8.6	9:23	-0.1	9:46	-0.2	7:07	4:33	
14	Wed	4:00	8.9	4:28	8.0	10:21	0.1	10:41	0.3	7:07	4:34	
15	Thu	4:58	8.7	5:32	7.5	11:21	0.3	11:36	0.7	7:07	4:36	
16	Fri	5:57	8.5	6:37	7.1			12:22	0.5	7:06	4:37	
17	Sat	6:57	8.4	7:42	6.9	12:34	1.1	1:23	0.6	7:06	4:38	
18	Sun	7:54	8.2	8:40	6.8	1:31	1.4	2:20	0.6	7:05	4:39	
19	Mon	8:46	8.2	9:31	6.8	2:24	1.5	3:12	0.6	7:05	4:40	
20	Tue	9:33	8.1	10:16	6.8	3:14	1.6	3:58	0.6	7:04	4:42	
21	Wed	10:15	8.1	10:54	6.8	4:00	1.5	4:40	0.6	7:03	4:43	
22	Thu	10:54	8.1	11:29	7.0	4:42	1.5	5:19	0.6	7:03	4:44	
23	Fri	11:30	8.1			5:23	1.4	5:56	0.5	7:02	4:45	
24	Sat	12:02	7.1	12:06	8.1	6:04	1.3	6:34	0.5	7:01	4:46	
25	Sun	12:36	7.3	12:43	8.1	6:44	1.3	7:12	0.6	7:00	4:48	
26	Mon	1:12	7.5	1:21	7.9	7:27	1.2	7:51	0.7	7:00	4:49	
27	Tue	1:49	7.6	2:02	7.7	8:11	1.2	8:33	0.9	6:59	4:50	
28	Wed	2:29	7.7	2:47	7.5	8:58	1.1	9:17	1.1	6:58	4:51	
29	Thu	3:13	7.8	3:37	7.2	9:48	1.1	10:03	1.3	6:57	4:53	
30	Fri	4:01	7.9	4:32	7.0	10:41	1.0	10:54	1.5	6:56	4:54	
31	Sat	4:54	8.0	5:31	6.8	11:37	0.9	11:49	1.6	6:55	4:55	