

Cape Cod Canal, Sagamore, MA - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:25	7.2	10:31	8.7	4:08	0.1	4:13	1.1	5:10	8:20	
2	Thu	11:15	7.1	11:17	8.5	4:58	0.1	5:01	1.3	5:11	8:20	
3	Fri	11:59	7.0	11:59	8.4	5:44	0.2	5:47	1.3	5:11	8:20	
4	Sat			12:39	7.0	6:26	0.3	6:30	1.4	5:12	8:20	
5	Sun	12:39	8.3	1:16	7.0	7:07	0.4	7:12	1.4	5:13	8:20	
6	Mon	1:18	8.2	1:53	7.1	7:47	0.5	7:55	1.5	5:13	8:19	
7	Tue	1:57	8.1	2:31	7.2	8:28	0.6	8:39	1.5	5:14	8:19	
8	Wed	2:37	7.9	3:11	7.3	9:09	0.7	9:26	1.5	5:15	8:19	
9	Thu	3:20	7.7	3:53	7.4	9:53	0.9	10:14	1.5	5:15	8:18	
10	Fri	4:06	7.4	4:38	7.5	10:37	1.1	11:05	1.4	5:16	8:18	
11	Sat	4:56	7.1	5:24	7.6	11:24	1.3	11:56	1.4	5:17	8:17	
12	Sun	5:49	6.9	6:14	7.7			12:12	1.5	5:17	8:17	
13	Mon	6:44	6.8	7:05	7.9	12:50	1.2	1:02	1.6	5:18	8:16	
14	Tue	7:42	6.7	7:58	8.1	1:45	1.0	1:55	1.6	5:19	8:16	
15	Wed	8:38	6.8	8:52	8.5	2:40	0.7	2:48	1.5	5:20	8:15	
16	Thu	9:33	7.0	9:44	8.9	3:33	0.3	3:40	1.2	5:21	8:15	
17	Fri	10:26	7.3	10:37	9.3	4:25	-0.1	4:31	0.9	5:21	8:14	
18	Sat	11:18	7.7	11:30	9.6	5:15	-0.5	5:23	0.5	5:22	8:13	
19	Sun			12:09	8.1	6:05	-0.8	6:15	0.2	5:23	8:13	
20	Mon	12:22	9.8	1:00	8.5	6:54	-1.0	7:08	-0.1	5:24	8:12	
21	Tue	1:14	9.8	1:50	8.8	7:44	-1.1	8:01	-0.3	5:25	8:11	
22	Wed	2:07	9.7	2:41	9.1	8:34	-1.0	8:57	-0.4	5:26	8:10	
23	Thu	3:02	9.3	3:34	9.2	9:25	-0.8	9:54	-0.4	5:27	8:09	
24	Fri	3:58	8.8	4:29	9.1	10:18	-0.4	10:52	-0.2	5:28	8:08	
25	Sat	4:58	8.3	5:26	9.0	11:12	0.0	11:51	0.0	5:29	8:08	
26	Sun	6:00	7.7	6:25	8.8			12:08	0.5	5:30	8:07	
27	Mon	7:05	7.3	7:27	8.6	12:52	0.2	1:05	0.9	5:31	8:06	
28	Tue	8:11	7.1	8:27	8.5	1:54	0.3	2:04	1.2	5:31	8:05	
29	Wed	9:14	7.0	9:23	8.4	2:54	0.4	3:01	1.3	5:32	8:04	
30	Thu	10:09	6.9	10:14	8.3	3:49	0.5	3:53	1.4	5:33	8:03	
31	Fri	10:58	6.9	11:00	8.2	4:39	0.5	4:42	1.4	5:34	8:02	