

Cape Cod Canal, Sagamore, MA - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:30	9.4	11:07	8.0	4:16	0.2	4:54	-0.7	7:09	4:21	●
2	Fri	11:17	9.2	11:53	8.0	5:05	0.3	5:40	-0.6	7:09	4:22	●
3	Sat			12:02	9.0	5:52	0.4	6:24	-0.4	7:09	4:23	●
4	Sun	12:35	8.0	12:44	8.7	6:38	0.6	7:08	-0.2	7:09	4:24	●
5	Mon	1:17	7.9	1:27	8.4	7:24	0.7	7:52	0.1	7:09	4:25	◐
6	Tue	1:59	7.8	2:11	8.0	8:11	0.9	8:37	0.4	7:09	4:26	◑
7	Wed	2:43	7.7	2:58	7.7	9:00	1.1	9:23	0.7	7:09	4:27	◑
8	Thu	3:29	7.7	3:47	7.3	9:50	1.2	10:11	1.0	7:09	4:28	◑
9	Fri	4:17	7.6	4:40	7.0	10:42	1.3	11:01	1.2	7:09	4:29	◑
10	Sat	5:08	7.6	5:36	6.8	11:36	1.3	11:52	1.4	7:08	4:30	◑
11	Sun	6:01	7.6	6:32	6.7			12:31	1.2	7:08	4:31	◑
12	Mon	6:54	7.8	7:28	6.7	12:45	1.5	1:25	1.0	7:08	4:32	◑
13	Tue	7:44	8.0	8:19	6.9	1:36	1.5	2:16	0.8	7:08	4:33	○
14	Wed	8:32	8.2	9:06	7.1	2:26	1.4	3:04	0.5	7:07	4:34	○
15	Thu	9:17	8.5	9:52	7.4	3:13	1.1	3:50	0.1	7:07	4:35	○
16	Fri	10:03	8.9	10:37	7.8	4:00	0.8	4:35	-0.2	7:06	4:36	○
17	Sat	10:48	9.2	11:21	8.2	4:46	0.5	5:20	-0.5	7:06	4:37	○
18	Sun	11:34	9.4			5:32	0.2	6:04	-0.8	7:05	4:39	○
19	Mon	12:06	8.6	12:21	9.5	6:20	-0.1	6:50	-0.9	7:05	4:40	○
20	Tue	12:52	8.9	1:10	9.4	7:10	-0.3	7:38	-0.9	7:04	4:41	○
21	Wed	1:41	9.1	2:02	9.2	8:02	-0.4	8:29	-0.7	7:04	4:42	○
22	Thu	2:33	9.2	2:57	8.9	8:58	-0.4	9:22	-0.5	7:03	4:43	○
23	Fri	3:28	9.2	3:56	8.4	9:56	-0.3	10:17	-0.2	7:02	4:45	○
24	Sat	4:27	9.2	4:59	8.1	10:55	-0.2	11:15	0.1	7:02	4:46	◐
25	Sun	5:28	9.1	6:05	7.8	11:57	-0.1			7:01	4:47	◐
26	Mon	6:32	9.0	7:12	7.7	12:15	0.4	1:00	-0.1	7:00	4:48	◐
27	Tue	7:35	9.0	8:16	7.7	1:15	0.5	2:00	-0.1	6:59	4:50	◑
28	Wed	8:34	9.0	9:13	7.7	2:14	0.5	2:57	-0.2	6:58	4:51	◑
29	Thu	9:28	9.0	10:05	7.8	3:09	0.5	3:49	-0.2	6:57	4:52	◑
30	Fri	10:17	8.9	10:52	7.9	4:00	0.5	4:36	-0.2	6:56	4:53	◑
31	Sat	11:01	8.8	11:33	7.9	4:47	0.5	5:19	-0.1	6:55	4:55	●