

Cape Cod Canal, Sagamore, MA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:05	8.9	2:39	8.3	8:39	-0.3	8:58	0.5	5:11	8:20	
2	Fri	2:53	8.8	3:28	8.5	9:27	-0.3	9:51	0.4	5:11	8:20	
3	Sat	3:46	8.6	4:20	8.7	10:18	-0.2	10:47	0.2	5:12	8:20	
4	Sun	4:42	8.4	5:16	8.8	11:10	-0.1	11:44	0.1	5:12	8:20	
5	Mon	5:42	8.2	6:14	9.0			12:05	0.0	5:13	8:19	
6	Tue	6:45	8.0	7:14	9.2	12:44	-0.1	1:03	0.2	5:14	8:19	
7	Wed	7:50	7.9	8:14	9.3	1:44	-0.2	2:01	0.2	5:14	8:19	
8	Thu	8:52	7.9	9:13	9.5	2:44	-0.4	2:59	0.2	5:15	8:18	
9	Fri	9:51	8.0	10:09	9.5	3:42	-0.6	3:55	0.2	5:16	8:18	
10	Sat	10:48	8.1	11:02	9.5	4:36	-0.8	4:48	0.1	5:16	8:18	
11	Sun	11:41	8.2	11:53	9.5	5:28	-0.8	5:40	0.1	5:17	8:17	
12	Mon			12:30	8.2	6:17	-0.8	6:30	0.2	5:18	8:17	
13	Tue	12:41	9.3	1:16	8.2	7:04	-0.6	7:18	0.3	5:19	8:16	
14	Wed	1:27	9.0	2:00	8.2	7:49	-0.4	8:06	0.4	5:19	8:16	
15	Thu	2:12	8.7	2:43	8.1	8:34	-0.1	8:54	0.6	5:20	8:15	
16	Fri	2:57	8.3	3:28	8.0	9:19	0.2	9:43	0.8	5:21	8:14	
17	Sat	3:43	7.9	4:13	7.9	10:06	0.5	10:33	1.0	5:22	8:14	
18	Sun	4:32	7.5	5:01	7.8	10:53	0.8	11:24	1.1	5:23	8:13	
19	Mon	5:24	7.1	5:51	7.7	11:43	1.1			5:24	8:12	
20	Tue	6:18	6.9	6:43	7.7	12:17	1.2	12:33	1.4	5:25	8:11	
21	Wed	7:15	6.7	7:36	7.7	1:11	1.2	1:26	1.5	5:25	8:11	
22	Thu	8:11	6.7	8:28	7.8	2:06	1.1	2:18	1.5	5:26	8:10	
23	Fri	9:03	6.8	9:16	8.0	2:58	0.9	3:08	1.5	5:27	8:09	
24	Sat	9:51	6.9	10:02	8.3	3:47	0.7	3:56	1.3	5:28	8:08	
25	Sun	10:36	7.2	10:46	8.5	4:33	0.4	4:43	1.1	5:29	8:07	
26	Mon	11:19	7.5	11:30	8.8	5:17	0.1	5:28	0.8	5:30	8:06	
27	Tue			12:02	7.9	6:01	-0.1	6:13	0.5	5:31	8:05	
28	Wed	12:14	9.0	12:45	8.2	6:44	-0.4	6:59	0.2	5:32	8:04	
29	Thu	12:59	9.1	1:29	8.6	7:28	-0.5	7:47	0.0	5:33	8:03	
30	Fri	1:45	9.2	2:15	8.9	8:14	-0.6	8:37	-0.2	5:34	8:02	
31	Sat	2:35	9.1	3:04	9.1	9:02	-0.5	9:30	-0.3	5:35	8:01	