

Cape Cod Canal, Sagamore, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:28	8.8	3:57	9.2	9:53	-0.4	10:26	-0.3	5:36	8:00	
2	Mon	4:24	8.5	4:53	9.2	10:47	-0.2	11:24	-0.3	5:37	7:59	
3	Tue	5:25	8.2	5:53	9.2	11:43	0.1			5:38	7:58	
4	Wed	6:29	7.9	6:56	9.1	12:24	-0.2	12:42	0.3	5:39	7:56	
5	Thu	7:35	7.8	7:59	9.1	1:26	-0.2	1:43	0.4	5:40	7:55	
6	Fri	8:40	7.8	9:00	9.1	2:27	-0.2	2:43	0.4	5:41	7:54	
7	Sat	9:40	7.8	9:58	9.1	3:26	-0.3	3:40	0.4	5:42	7:53	
8	Sun	10:35	8.0	10:50	9.1	4:20	-0.4	4:34	0.3	5:43	7:51	
9	Mon	11:25	8.1	11:39	9.0	5:10	-0.4	5:24	0.3	5:44	7:50	
10	Tue			12:11	8.1	5:57	-0.3	6:11	0.3	5:45	7:49	
11	Wed	12:24	8.8	12:52	8.1	6:40	-0.2	6:56	0.3	5:46	7:47	
12	Thu	1:05	8.6	1:31	8.1	7:21	0.0	7:40	0.4	5:47	7:46	
13	Fri	1:45	8.3	2:09	8.1	8:03	0.2	8:24	0.6	5:48	7:45	
14	Sat	2:26	8.0	2:48	8.0	8:45	0.5	9:09	0.7	5:49	7:43	
15	Sun	3:08	7.7	3:31	7.9	9:29	0.8	9:57	0.9	5:50	7:42	
16	Mon	3:53	7.4	4:16	7.8	10:15	1.1	10:47	1.0	5:51	7:40	
17	Tue	4:43	7.1	5:05	7.7	11:04	1.3	11:38	1.2	5:52	7:39	
18	Wed	5:36	6.8	5:58	7.6	11:55	1.5			5:53	7:37	
19	Thu	6:32	6.7	6:53	7.6	12:32	1.2	12:48	1.7	5:54	7:36	
20	Fri	7:29	6.7	7:49	7.7	1:28	1.2	1:42	1.6	5:55	7:34	
21	Sat	8:25	6.8	8:41	8.0	2:22	1.0	2:35	1.5	5:56	7:33	
22	Sun	9:16	7.1	9:31	8.3	3:13	0.7	3:26	1.2	5:57	7:31	
23	Mon	10:03	7.5	10:18	8.6	4:01	0.4	4:14	0.8	5:59	7:30	
24	Tue	10:48	7.9	11:05	8.9	4:47	0.0	5:02	0.4	6:00	7:28	
25	Wed	11:33	8.4	11:51	9.2	5:32	-0.3	5:49	-0.1	6:01	7:27	
26	Thu			12:17	8.9	6:16	-0.6	6:36	-0.5	6:02	7:25	
27	Fri	12:38	9.3	1:03	9.3	7:01	-0.7	7:25	-0.8	6:03	7:23	
28	Sat	1:26	9.3	1:50	9.6	7:48	-0.7	8:15	-0.9	6:04	7:22	
29	Sun	2:17	9.2	2:40	9.7	8:37	-0.6	9:09	-0.9	6:05	7:20	
30	Mon	3:10	8.9	3:34	9.6	9:30	-0.4	10:05	-0.7	6:06	7:19	
31	Tue	4:07	8.5	4:32	9.4	10:25	-0.1	11:04	-0.5	6:07	7:17	