

Cape Cod Canal, Sagamore, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:23	7.8	3:40	7.8	9:51	1.1	10:14	0.7	7:09	4:22	
2	Mon	4:13	7.9	4:35	7.6	10:44	1.0	11:06	0.7	7:09	4:22	
3	Tue	5:07	8.2	5:34	7.6	11:41	0.7			7:09	4:23	
4	Wed	6:04	8.5	6:35	7.6	12:00	0.7	12:38	0.4	7:09	4:24	
5	Thu	7:01	8.9	7:36	7.8	12:55	0.6	1:35	0.0	7:09	4:25	
6	Fri	7:57	9.3	8:34	8.1	1:51	0.4	2:31	-0.5	7:09	4:26	
7	Sat	8:53	9.7	9:30	8.4	2:45	0.1	3:26	-1.0	7:09	4:27	
8	Sun	9:47	10.0	10:25	8.7	3:39	-0.2	4:19	-1.3	7:09	4:28	
9	Mon	10:41	10.2	11:18	8.9	4:33	-0.5	5:10	-1.5	7:09	4:29	
10	Tue	11:34	10.3			5:26	-0.6	6:01	-1.6	7:08	4:30	
11	Wed	12:10	9.1	12:26	10.1	6:18	-0.7	6:52	-1.5	7:08	4:31	
12	Thu	1:01	9.1	1:19	9.8	7:11	-0.6	7:43	-1.2	7:08	4:32	
13	Fri	1:53	9.1	2:12	9.3	8:05	-0.4	8:34	-0.8	7:07	4:33	
14	Sat	2:46	8.9	3:07	8.7	9:01	-0.1	9:26	-0.3	7:07	4:35	
15	Sun	3:40	8.7	4:04	8.1	9:57	0.2	10:19	0.1	7:07	4:36	
16	Mon	4:36	8.4	5:03	7.6	10:53	0.5	11:13	0.6	7:06	4:37	
17	Tue	5:33	8.2	6:04	7.3	11:51	0.7			7:06	4:38	
18	Wed	6:30	8.1	7:05	7.0	12:08	1.0	12:49	0.8	7:05	4:39	
19	Thu	7:25	8.0	8:01	6.9	1:02	1.2	1:44	0.8	7:04	4:40	
20	Fri	8:15	8.0	8:51	6.9	1:55	1.3	2:35	0.8	7:04	4:42	
21	Sat	9:00	8.1	9:35	7.0	2:43	1.3	3:21	0.6	7:03	4:43	
22	Sun	9:42	8.1	10:16	7.1	3:29	1.3	4:05	0.5	7:03	4:44	
23	Mon	10:22	8.2	10:53	7.2	4:13	1.2	4:46	0.4	7:02	4:45	
24	Tue	11:00	8.3	11:30	7.4	4:55	1.1	5:25	0.3	7:01	4:46	
25	Wed	11:37	8.4			5:36	1.0	6:05	0.2	7:00	4:48	
26	Thu	12:06	7.6	12:15	8.4	6:17	0.9	6:44	0.2	7:00	4:49	
27	Fri	12:43	7.8	12:54	8.4	6:59	0.8	7:25	0.2	6:59	4:50	
28	Sat	1:22	8.0	1:36	8.3	7:44	0.8	8:08	0.3	6:58	4:52	
29	Sun	2:04	8.2	2:22	8.2	8:31	0.7	8:54	0.4	6:57	4:53	
30	Mon	2:50	8.3	3:12	8.0	9:22	0.6	9:43	0.5	6:56	4:54	
31	Tue	3:41	8.4	4:08	7.8	10:16	0.5	10:35	0.6	6:55	4:55	