

Cape Cod Canal, Sagamore, MA - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:02	9.2	10:40	7.9	3:47	0.4	4:25	-0.5	7:09	4:21	
2	Wed	10:48	9.1	11:25	7.8	4:35	0.5	5:11	-0.4	7:09	4:22	
3	Thu	11:32	8.9			5:21	0.6	5:55	-0.3	7:09	4:23	
4	Fri	12:07	7.7	12:13	8.7	6:05	0.8	6:38	-0.1	7:09	4:24	
5	Sat	12:47	7.6	12:53	8.5	6:49	0.9	7:20	0.1	7:09	4:25	
6	Sun	1:27	7.5	1:34	8.2	7:34	1.1	8:04	0.3	7:09	4:26	
7	Mon	2:08	7.5	2:18	7.9	8:21	1.2	8:49	0.6	7:09	4:27	
8	Tue	2:52	7.4	3:05	7.6	9:10	1.3	9:36	0.8	7:09	4:28	
9	Wed	3:39	7.4	3:55	7.3	10:01	1.4	10:24	1.0	7:09	4:29	
10	Thu	4:28	7.4	4:48	7.1	10:53	1.4	11:14	1.2	7:08	4:30	
11	Fri	5:19	7.5	5:44	6.9	11:47	1.3			7:08	4:31	
12	Sat	6:11	7.6	6:41	6.9	12:05	1.4	12:41	1.2	7:08	4:32	
13	Sun	7:03	7.9	7:35	7.0	12:57	1.4	1:35	0.9	7:08	4:33	
14	Mon	7:52	8.2	8:26	7.1	1:48	1.3	2:25	0.6	7:07	4:34	
15	Tue	8:40	8.5	9:15	7.4	2:37	1.1	3:14	0.2	7:07	4:35	
16	Wed	9:27	8.9	10:03	7.7	3:25	0.9	4:02	-0.2	7:06	4:36	
17	Thu	10:15	9.3	10:50	8.1	4:12	0.6	4:49	-0.6	7:06	4:37	
18	Fri	11:03	9.6	11:38	8.5	5:00	0.2	5:35	-0.9	7:05	4:39	
19	Sat	11:51	9.8			5:49	-0.1	6:23	-1.1	7:05	4:40	
20	Sun	12:26	8.8	12:41	9.8	6:39	-0.3	7:12	-1.2	7:04	4:41	
21	Mon	1:16	9.0	1:33	9.7	7:31	-0.4	8:02	-1.1	7:04	4:42	
22	Tue	2:07	9.1	2:28	9.4	8:26	-0.4	8:55	-0.9	7:03	4:43	
23	Wed	3:02	9.2	3:26	8.9	9:24	-0.4	9:50	-0.6	7:02	4:45	
24	Thu	4:00	9.1	4:27	8.5	10:23	-0.2	10:46	-0.2	7:01	4:46	
25	Fri	5:00	9.0	5:32	8.1	11:24	-0.1	11:44	0.1	7:01	4:47	
26	Sat	6:02	8.9	6:39	7.8			12:26	0.0	7:00	4:48	
27	Sun	7:04	8.9	7:44	7.6	12:44	0.4	1:28	0.0	6:59	4:50	
28	Mon	8:03	8.8	8:44	7.6	1:42	0.6	2:26	0.0	6:58	4:51	
29	Tue	8:58	8.8	9:38	7.6	2:38	0.7	3:19	0.0	6:57	4:52	
30	Wed	9:48	8.7	10:25	7.6	3:29	0.7	4:08	0.0	6:56	4:53	
31	Thu	10:33	8.6	11:07	7.6	4:17	0.8	4:52	0.0	6:55	4:55	